## fitiantaje.

THE

## ELEVENTH ANNUAL REPORT

OF THE

## COMMITTEE OF VISITORS

 OF THE
## COUNTY LUNATIC IASYLUM

$$
\mathrm{AT}
$$

## COLNEY HATCH.

JANUARY QUARTER SESSION, 1862.

## LUNDON :

PRINTED BY JOHN THOMAS NORRIS, ALDERSGATE STREEIT.
1862.

#  COLNEYHATCH. 

## LIST OF THE COMMITTEE OF VISITORS

Apfointed January, 1861.
henry Warner, Esq., Chatryan, Priory, Hornsey.
B. J. ARMSTRONG, Esqu., 7, Upper Wimpole Street.
J. BAXENDALE, Esq., Woodside, Whetstone.
W. P. BODKIN, Esq., Merton Lane, Highgate.
J. S. BROOKING, Esq., 3, Hyde Park Square.
E. HALSWELL, Esq., 26, Kensington Gate.
H. W. R. W. HALSEY, Esq., 34, Norfolk Square, Hyde Park.
F. HEALEY, Esq., 7, Euston Grove, Euston Square.
W. HOWARD, Esq., 7, Newmarket Terrace, Cambridge Heath.
H. M. KEMSHEAD, Esq., Westbourne Park, Paddington.
J. MARSHALL, Esq,, Wildwood, Hampstead.
W. SIMPSON, Esq., 11, Artillery Place, Finsbury Square.
W. STUTFIELD, Esq., Hildersham Rookery, Cambridge.
G. SUMMERS, Esq., 3, Gloucester Crescent, Regent's Park.
J. J. TANNER, Esq., Upper Clapton.
P. TWELLS, Esq., Stoke Newington.
C. WOODWARD, Esq., 10 , Compton Terrace, Islington.
W. H. WYATT, Esq., 1, Harrington Square.

## TABLE OF CONTENTS.





```
< < =
L - < 
*
|
=
\(+\)
```


## atumeser.

'TO HER MAJESTY'S JUSTICES OF THE PEACE for the County of Middlesex, in General Quarter Session assembied.

> THE ELEVENTH REPORT of the COMMITTEE of VISITORS of the COUNTY LUNATIC ASYLUM at COLNEY HATCH.

Ar the close of another year, it becomes the duty of your Committee to submit their Annual Report of the state and condition of the Asylum, its sufficiency for the proper accommodation of the number of Lunatics for whom it is requisite to provide accommodation, and as to the management of the Asylum, the conduct of the Officers and Servants, the care of the Patients, and such other matters in relation thereto as it may be desirable to remark upon.

To proceed, therefore, in order, your Committee have to report, that the Building and Offices are in good repair; many improvements have been carried out, as will be found detailed in the Appendix. The Lava floors originally laid down in six of the Wards have been taken up, and Wooden flooring substituted, much to the comfort of the Patients, and the improvement of the Wards, in regard to both light and
warmth. This work has been completed at a cost of 1,728\%. Os. $3 d$. ., being less than the 2,000l. granted by the Court by 271l. 19s. 9 d. ; and your Committee recommend that they be authorized by the Court to make Orders upon the County Treasurer for the appropriation of this surplus to defray the cost of additional single rooms found to be absolutely necessary for the Laundry Ward. Much progress has been made in the improvement and cultivation of the Grounds and Airing-Courts. At the breaking up of the severe frost last winter, many heavy repairs were found necessary, and they have been effected with economy, and under the average yearly cost of repairs.

The Asylum has, hitherto, been adequate for the accommodation of the Lunatics requiring admission; but in the Female Department there are at present only 37 vacant beds: the accommodation in the Male Department is still ample, there being on that side 107 vacancies; the number of Patients now in the Asylum is 1,868, viz., 754 Males, and 1,114 Females.

The conduct of the Officers and Servants has been generally very good. Some exceptions have, however, occurred, the most flagrant of which have been cases of assault upon Patients, in the Male Department, by Attendants; and the Committee, after due inquiry, have been compelled to dismiss four Male Attendants for such misconduct. These men were young Officers, either on probation, or but recently confirmed in their appointments ; and although their offences were such as to demand their dismissal, it did not appear necessary in any of the cases to punish them further.

Mr. Tyerman, the Medical Superintendent of the Male

Department, having communicated to the Committee, in May last, his intention to retire at the end of the year, your Committee took steps to supply his place; and, out of a considerable number of Candidates, have elected Dr. Edgar Sheppard, who commenced his duties as Superintendent on the 1st instant; and your Committee trust that he will be found an able and efficient officer.

Mr. Hargood, one of the Assistant Medical Officers in the Male Department, resigned his appointment in July last; and your Committee, in consequence of arrangements then made for the reconstruction of the Male Staff, which will be hereafter detailed, deemed it advisable not to fill up the vacancy. They are quite satisfied that a Medical Superintendent, with one Assistant, and with the aid of the Dispenser, will be found an amply sufficient Medical Staff for the requirements of the Male Department.

Mr. Ferguson, one of the Assistant Medical Officers in the Female Department, also resigned his appointment in August last; and the Committee have appointed Mr. G. R. Irvine to fill the vacancy.

The health of the Patients has been generally good; they have been again, fortunately, free from epidemics, and their comforts have been in all respects carefully attended to. Two deaths, occasioned by violence, have occurred in the Male Department, into the circumstances attending each of which your Committee made careful inquiry at the time. The first, in order of time, was the case of Samuel May, a Patient who died in April last, after a few days' illness; and who, before his death, stated that he had been ill-used by other Patients in his Ward. Every attention was paid to him
during his illness; and it appearing upon a post mortem examination of the body that the sternum and some of the ribs had been fractured, the Coroner was requested to hold an Inquest on the body; and the Committee also instituted an inquiry, and availed themselves of the services of Mr. Solly, the Surgeon of St. Thomas's Hospital, to assist Mr. Tyerman in the investigation. The verdict returned by the Coroner's Jury was "That the deceased died of exhaustion " from mental disease, accelerated by fractures of the ribs, by " what means occasioned there was no evidence before the "Jurors to show."

To this verdict the Jury attached a recommendation, "That "the Committee of Visitors should employ a larger number " of Attendants in the several Wards, bcing convinced that " their number is at present too limited effectually to take " charge of the very numerous Patients in the Asylum."

The other case was that of Joseph Bigg, an imbecile Patient, who was found strangled in the Ward. In this case an Inquest was held, and the Jury returned a verdict of "Death by strangulation, caused by a handkerchief placed round the neck by some person or persons unknown."

To this verdict the following remark was annexed:"The Jury wish to express their hope that, in future, the "instructions of Mr. Tyerman for the dispersion of the "Attendants throughout the Wards of which they have " charge, will be more carefully carried into effect."

From the inquiry instituted by your Committee, it appeared that the Patient must have been attacked and strangled in the dusk of the afternoon, while in the Ward with
forty other Patients and four Attendants; and there mas little doubt, if any, that the deed had been done by another Patient of the same Ward, who had not previously shown any homicidal tendencies. The Attendants appeared to have been performing their respective duties in the Ward at the time; and it seems probable that the Patient suspected watched his opportunity, and availed himself of the time of day and the position of the Patient at the end of the Ward to commit the act. Your Committee were unable to find that, in this instance, the Attendants were amenable to the complaint of neglecting to spread themselves about the Ward; and both these cases appear to be, in some measure, the result of the unlimited practice of a system of non-restraint, from the exercise of which, at times, the most careful supervision is not sufficient totally to guard against such unfortunate casualties.

It appearing to the Committee, in the course of the inquiry into the first-mentioned case, that it was highly desirable to establish a more trustworthy system of supervision in tiee Male Wards, and that it was very expedient to procure the services of a class of persons superior to the generality of Ward Attendants, with more responsibility and at a higher rate of remuneration, they arranged a plan, after very careful consideration, which has now been in operation for the last six months with very satisfactory results.

Only one serious casualty has taken place during that period; and, although this plan has led to some increased expenditure, your Committee believe that they have an ample return in the constant watchfulness exercised by superior Officers over the ordinary Ward Attendants; and in the consequently greater comfort and kinder treatment of the

Patients. The details of the plan referred to are given in the Appendix, and the Committee confine themselves here to an outline of $i t$.

The Male Department is presided over by the Medical Superintendent, aided by the Assistant Medical Officer, and is divided into Two Divisions, over each of which is an Inspector, whose duty it is to see that all the orders of the Medical Superintendent and the General Regulations of the Committee are duly observed. Each Division is sub-divided into three Sections, with a Head Attendant over each, whose duty it is to be constantly passing through the Wards and Airing Court of his Section, for the purpose of observing the conduct of the Attendants, their attention to duty, their care of the Patients, and their proper obedience to orders. The Attendants consist of three classes-Attendants having the charge of Separate Wards; Night Watchers (both of which classes have a higher scale of wages) ; and common Ward Attendants and Supernumeraries. There are also, occasionally, Special Attendants for particular Patients, and the Staff of Attendants has been somewhat increased, it having been thought most desirable that no Ward containing Patients of a violent character should be left, at any time, without at least two Attendants in it; and it has thus become necessary to add to the number of Attendants in such Wards.

In the early part of the year, some correspondence took place, between the Authorities of the City of London and your Committee, on the subject of providing accommodation, in this Asylum, for about 200 Patients belonging to the City; and a meeting of your Committee, with a Deputation from the Aldermen and Common Council of London, was held; but it was found that it would be quibe impracticable to
furnish such accommodation for the City as was required. The present large number of Patients in the Asylum proves that the result then arrived at was the correct one.

The Sewage from the Asylum has again become a matter of complaint from the inhabitants of the neighbourhood. It may probably become necessary, at some future time, to bring the subject again before the Court.

It may be found necessary, by the new Committee to be now appointed by the Court, to apply for a grant of money towards the cost of improved Ventilation in some of the Wards, and for the completion of the Walk round the grounds..

During the past year, your Committee have appropriated the sum of $300 \%$., out of the $400 \%$. to which they are limited annually for expenditure in improvements, to the purchase of one of Stevens's patent Dough-making Machines. This has been in full working order for some weeks, and they are able to report satisfactorily of its efficiency; not only is the bread very much better mixed byits use, but an increased yield of four loaves is obtained from every sack of flour.

The Commissioners in Lunacy made their yearly visit to the Asylum on the 19th, 20th, and 21st December last, and the entry made by them in the Visitors' Book, together with the Correspondence thereon, are appended to this Report, for the information of the Court.

Your Committee are able to report that, notwithstanding the increased cost of provisions generally, they have been able to keep the weekly rate of maintenance for Middlesex

Patients at 9s. 11d. per head per week; and they assure the Court that every kind of economy in the expenditure consistent with the welfare of the Patients is strictly enforced.

Many Patients have been exchanged with the Hanwell Asylum; and both Committees, in making these exchavges, have endearoured to draft off those belonging to parishes in the district surrounding the Asylum to which they were removed, so as to afford all possible fucilities to the parochial authorities and the friends of the Patients to visit them.

The Reports of the Medical Superintendents, and the Medical Tables, together with the usual Reports from the Chaplain and Steward, and the different Official Returns, are annexed, in which the Medical and Domestic History of the Establishment will be found fully detailed.

The Members of the Committee who will retire, pursuant to the Standing Orders of the Court, are Messrs. Armstrong, Baxendale, Brooking, Kemshead, Marshall, and Warner.

All which is submitted, \&c.

## HENRY WARNER,

Chairman.

Colney Hatch Asy'um,
16th January, 1862.

## APPENDIX A.

## ARRANGEMENTS AND DETAILS FOR THE DIVISION AND MANAGEMENT OF THE WARDS IN THE MALE DEPARTMENT.

To Commence on the 1st of July, 1861.

The Department to be divided into Two Divisions, to be called the (A) and (B) Divisions, and sub-divided into Six Sections, to be numbered from I. to VI.

Each Division to be under an Inspector; Mr. Ford for the A, Mr. Aggas for the B, who will in future wear Uniform.

Each Section to be specially attended to by a Head Attendant. These Sections are as under:-

## (A) DIVISON.

Section I.-Nos. 1, 4, 5 Wards, with one Airing Court. Head Attendant, H. Fleming.

Section II.-Nos. 2, 3, 6 and 9 Wards, with one Airing Court. Head Attendant, S. Rawson.

Section III.-Nos. 7, 8 and 10 Wards and Juvenile Ward, with one Airing Court as now altered. Head Attendant, George Blofield.

## (B) DIVISION.

Section IV.-Wards 12, 13 and B 3, with one Airing Court. Head Attendant, W. H. Cowley.

Section V.-Wards B 2 and 14, with one Airing Court, Head Attendant, J. Gearing.

Section VI.-Wards 11 and D, with one Airing Court. Head Attendant, J. Foulsham.

The Inspectors and Head Attendants will be under the directions of the Medical Superintendent and his Assistant; the Head Attendants being immediately under the directions of the Inspectors.

The Regulations for the Attendants as to rank, promotion, and leave of absence, are annexed.

The number of the Supernumerary Attendants will be increased to five, and the duties will be in future as follows:Attendance during the day on Ward B 1.
Relieving Wards.
Removing bodies of Deceased Patients to Dead-house.
Assisting postnmortem Examinations.
Attending to the Funerals.

The duties of Undertaker and Messenger will cease to be performed by an officer specially appointed for that purpose, and the officer now acting as such will be one of the five Supernumeraries; the duties of Undertaker to be performed by a Supernumerary. The duty of taking Letters to and from the post, and their collection and delivery, will be re-arranged in the following manner:-

Letters received at the gate to be brought down to the office by the Gate-porter ; they will be sorted in the office, and the Letters for the Male Department will be sent to the Inspectors' Office, from whence they must be delivered out as shall be arranged by the Inspectors.

Boxes will be supplied to each residence for reception of Letters addressed to officers.

Letters for post to be sent either to the Clerk's Office or to the Upper Gate, where a Box will be placed for their deposit.

The Wards lately called 1 and 2 Infirmaries are to be for the future converted into one Ward; the Upper floor to be for sleeping accommodation, and the Lower for occupation by day. All boys of unobjectionable habits and a few of the adult Patients, to be selected by the Medical Superintendent, will be placed in this Ward; two Attendants only will be required for this Ward, and the other two will be transferred, one or both (as may be required) becoming Supernumerary. The rest of the boys, whose condition or habits will not make it desirable to mix with the better class, are to be placed in one other Ward only, to be selected by the Medical Superintendent.

Each Head Attendant is to be lodged in some room in his own Section; such of the Second Class Attendants as shall be found to require accommodation elsewhere are to be lodged in the centre.

Memorandum.-One of the Supernumeraries who can write well is to be employed in assisting the Inspectors at Desk Work.

The Head Attendants will be distinguished by different Uniform, and by the Number of the Section embroidered on their Caps.

The First Class Attendants will be numbered from ${ }^{\text {: }} 11$ upwards.

The Second Class Attendants will be numbered from 41 upwards.

The present allowance of three pounds of Tobacco weekly for distribution among the Patients not employed in the shops, works or grounds, will be discontinued; tobacco required for such Patients is to be ordered by the Medical Superintendent, solely on medical grounds, and inserted on the Sick and Extra-Diet Lists, and no Smoking is to be allowed in the Wards without special medical orders in writing.

The Six Wards to which the Working Patients who wear Corduroy Clothing are to be classified, will be selected by the Medical Superintendent with the least possible delay.

B 1 Dormitory to be used as a Dormitory for Working Yatients ; and the Third Night Watch is to confine his attention solely to that Dormitory from Eight p.m. till Six a.m., having relief from a reserve man, as already notified, during the time he goes to supper.

C Spur is added to No. 5 Ward.
After Mr. Hargood leaves, Dr. Tucker will be the only Assistant Medical Officer in the Male Department.

A Book is to be kept in each Ward, in which the following Officers are requested to sign their names at each visit, viz: -

Medical Superintendent, and his Assistant. Chaplain.<br>Steward, and his Assistant.<br>Clerk of Asylum.<br>Clerk of Works.<br>Inspector of Division.

## Middlesex County Asylum, Colney Hatch.

## NOTICE TO THE WARD ATTENDANTS AND NIGHT WATCH IN THE MALE DEPARTMENT.

On the 1st of July next the Committee of Visitors intend to commence several alterations in the arrangements and discipline of the Wards, and they trust that the Ward Attendants will exert themselves in carrying the same into effect.

1. As to the Attendants.-All Candidates on probation to be for the first month put into training, and a report inade as to their capability. If confirmed in their apnointments at the end of three months, they will be ranked as Second Class Attendants, and have their uniform.

The Attendants having charge of Wards will be called First Class Attendants. The promotion to this Class will no longer be by seniority, but for efficiency, good conduct, and
competent education. All Attendants promoted will be on probation for three months, and, if confirmed at the end of that time, will be entitled to the rise of $5 l$. a-year in their wages as now given to Attendants in charge, from the date of confirmation. Alterations will be made in the uniforms to distinguish the Classes.

The Night Watches will rank as First Class Attendants, and the quarterly gratuities will cease.
2. As to Leave of Absence.-The Single Men will be allowed to go out every night, except when on reserve, afterthe Patients' bed-time, until 10 o'clock; they will each have a day's holiday, according to a list to be kept, once in a month. 'Ihe Married Men will also be allowed to sleep out any (or every) night, returning by 6 A.M. ; and those whose wives live in London, or at a distance, may leave, by special permission, on one night each week, at 6 o'clock, returning next morning at 7. For the Reserve, six Second Class and three First Class Attendants, and one Mead Attendant, will be required nightly, and these will take the duty in turns.
3. As to the Wards.-The present Head Attendants will be called Ward Inspectors. The Male Department will be divided into Six Sections, over each of which a Head Attendant will be appointed, who will constantly perambulate the Wards and Airing Court attached, and see that the same are properly attended to. No Ward is to be left without at least two Attendants between 6 A.м. and 8 r.m. A Book is to be kept in each Ward in which the Officers visiting the Ward will sign their names, and the Evening Reports will be made out in this book, and a copy sent to the Head Attendant of the Section.

The Manual of Duties will shortly be revised, and the Attendants are requested carefully to study it, and abide by its directions; as, for the future, promotion will be the reward of good conduct and attention, united with efficiency.

> By Order of the Committee,

JOHN S. SKAIFE,
Clerk.

11th June, 1861.

## APPENDIX B.

## I. <br> ENTRY OF COMMISSIONERS IN LUNACY AT THEIR VISIT.

> Colney Hatch Astlum, 21st December, 1861.

On the 19th and 20th instant, and this day, we have visited this Asylum, inspected its several Wards, Offices, Workshops and Premises, and seen all the Patients resident therein.

Since the last visit, on the 19th July 1860, the changes in the Patients have been as under-

|  | M. | F. | Total. |
| :---: | :---: | :---: | :---: |
| Admitted | 338 | 360 | 698 |
| Discharged | 141 | 283 |  |
| " | 100 | 114 | 214 |
| Died | 167 |  |  |

With the exception of one death caused by violence, into which inquiry was made by the Committee, and the circumstances of which have been the subject of much correspondence with our Board, the deaths have been from ordinary causes, chiefly Phthisis, Apoplexy, and General Paralysis.

The Patients now on the books of the Asylum are in number 1,861, heing, on the Male side, 755 , and on the Female,

1,106 ; all of whom, excepting two Males, one escaped and one absent on trial, and four Females at present on trial, we have personally exa mined.

The only employment of restraint since the last visit has been in the case of one Female Patient, for surgical reasons.

The amount of Seclusion on the Male side continues as heretofore. On the Female side, a large increase appears during the last six months over the number in the twelve preceding; the return in the first twelve being 302, and in the last six 503 ; but this increase would seem to have arisen from the overcrowding occasioned during the substitution of boarded for asphalte floors in four of the Female Wards.

The number of those employed on one of the days of our visit were returned as 811 , being 335 in the Male, and 476 in the Female Division. The proportion of useful employments comprised in the returns, however, appears to be small. Upon inquiry we find, that the boots and shoes made are almost exclusively those of canvas and cloth, used in the Wards, and that a considerable quantity of Men's Clothing is still contracted for. We are of opinion that many more Patients might be instructed as Tailors, Shoemakers, Basket and Mat Makers, in Upholstery Departments, and in other ways; that a much larger number might, with advantage, be employed upon the land, in constructing walks and improving the Airing Courts, and that a great proportion of the Females now without any employment whatever, might be occupied in knitting Stockings, Straw-plaiting, Netting, \&c.

The attendances at Chapel appear very small in proportion to the number in the Asylum ; but they are limited by the size
of the building itself, which is wholly inadequate to an Institution of this vast magnitude.

The arrangements for Out-door Exercise are still incomplete, in consequence of the state of the proposed walk round the boundary, which ought now to be finished without further delay. This is a subject requiring immediate attention, several of the Patients in the worst Wards of both Divisions having, at present, few opportunities of getting beyond their Airing Courts. Generally, throughout the Female Division, noise and excitement prevailed to a very considerable extert, and, though this may have been partly occasioned by our visit, it was in a much greater degree attributable to the utter absence of means for engaging the attention of the Patients, interesting them in any occupation or amusement, or affording them a sufficient variety of exercise out of doors. Bésides a large number crouching on the floors, many were in or upon their beds, some for very trivial causes, and some as if they had merely sought relief there from the noise and monotony of the Galleries.

A return made in the Laundry, on one of the days of our visit, of what is called the "Casual Dirty Linen" of the previous day, showed 528 articles from the Male Wards, and 495 from the Female; a disproportion, considering the relative numbers of the sexes, that should suggest inquiry into the causes on the part of the Medical Superintendents. The management of the Laundry we found to be generally efficient, but the proportion of paid Laundry Maids is too large, and it would be an advantage, we think, to effect such a reduction in this respect as might enable paid assistance to be afforded to the Superintendent.

A new and better Dress, we were glad to observe, has been introduced for several of the orderly Male Patients, but we found in use among the demented, destructive, and dirty class, very unsightly brown frocks, with locked leather belts, which we recommend to be entirely discontinued. The clothing of many of the women is much worn, and the material poor in quality, and deficient in warmth. A greater variety of a warmer kind ought to be provided, and the selection of it, as well as the mode of making up, ought to be left solely to the Matrons, subject to the Medical Officer's approval.

Means and opportunities of amusement are extremely deficient throughout the Asylum. As we passed through both Divisions, we obserred in some Wards a complete absence of Books of a cheerful kind, and a great want of cheap amusing Periodicals and Newspapers. We were informed that since the last visit, the supply of Publications of the latter description had been somewhat increased, but, on subsequently examining the list of all that are now taken in, we found it totally inadequate to the supply required for so large a number of Patients. Immediate attention should be given to this; and any arrangement making it a part of the regular daily duty of Inspectors and Head Attendants in both Divisions, to read for a time to Patients in each Ward, would have a most beneficial effect. In the Female Division, a Weekly Entertainment is given in one of the Dining Halls, but no similar provision is made for the Men ; and, excepting upon one occasion in each year, the general Recreation Hall is never used for assembling the two sexes for purposes of recreation.

We have to state, with much satisfaction, that, since the
last visit, all the asphalte floors in the Wards, two in the Male and four in the Female Division, have been removed and replaced by boards, a change contributing greatly to the health and comfort of the Patients.

Several of the Wards of both Divisions in the old block are very dark and gloomy towards the centre, and it seems to us that the removal of the walls of the respective associated Dormitories opposite to recesses, and enlargement of the windows, would remedy a defect which cannot but have a depressing influence on the inmates of these Wards. Though some change has of late been made, by placing on the walls a coloured instead of a white wash, and one Day-room has been papered, the Wards, generally, have stili a very comfortless look, and if the recesses were papered throughout, and the general monotony relieved by a greater variety of colour, the Patients would derive much advantage from the additional cheerfulness. Many more objects should also be placed in these Wards to attractattention and interest. Everywhere there is a deficiency of comfortable and ordinary domestic furniture : backed seats, chairs, sofas, and small tables are required for the Galleries and Day-rooms. The tables in the Men's Wards should be covered as in the Female Division; chairs and night conveniences should be put in the Bedrooms, in many of which there is still a want of curtains or blinds. More furniture suitable for the sick should be placed in the Infirmaries. The number of washing basons in the Sleeping-rooms should be greatly increased, and the same comforts and conveniences, which we were glad to observe in the lately-completed Dormitories of the new buildings, should be supplied in all the associated Dormitories.

These matters have so important a bearing on the sanitary
treatment, as well as comfort of the Patients, that we again strongly urge upon the Visitors a suggestion made so long since as 1854 , that the Medical Officers should have authority so to furnish completely a Ward on each side of the Asylum as would show at once the effect upon the Patients, and afford some guide to the probable cost of carrying out the improvement generally.

The defects of Ventilation pointed out repeatedly in previous Entries have been remedied to some extent in the Male Division; but it is essential that steps should now be taken more thoroughly to deal with this very grave defect, especially on the Female side, in the various Dormitories of the old building, and generally in the Sculleries and padded rooms. The low temperature was repeatedly complained of by the inmates of several of the new Wards, more particularly in the Spur of No. 19 on the Women's side, and in the Laundry Dormitories; and, recommending this subject to the early attention of the Committee, we suggest that additional blankets should at once be supplied in these rooms.

Of the suggestions made at the last visit, some have been carried out in the improvements above adverted to; and as to others we have to remark-That additional furniture and pictures have been ordered, though not yet placed in some of the Wards; that in the twenty bedded Dormitories there has been a reduction of two beds, and a redistribution giving further space; that some of the Airing Courts have been a little more planted, and the sun-shades covered; that the ventilation of the Laundry Dining-Hall has been improved, though it remains still defective; that in the Corridors some small windows have been knocked out, and gas-lights have been suspended from the ceiling of the low level Corridor
at the back of 25 Ward; that the southern windows have been better provided with blinds; that large baize curtains have been supplied to the Laundry Dormitories, in which there is still great deficiency of warmth; that a few handrails have been put up, and that clear has been substituted for deadened glass at the end of 30 Basement Ward. We find also, that eight single Sleeping rooms for the Laundry department have been built out from the south (low level) Corridor.

Nothing has been done to remedy the closeness and inconvenience of many of the Lavatories, as to which we now repeat the suggestion formerly made, and think it also highly advisable that, wherever Bath-rooms adjoin the Lavatories, a door between them should be opened, whereby the latter may become available for Dressing-rooms.

## We have further to recommend-

1. That not more than one Patient be placed in a Bath at the same time, and that the water be changed more frequently than at present.
2. That there be a change of Table-cloths at least twice a-week.
3. That Hand-rails be placed to all staircases.
4. That the Bedsteads having sackings without Mattresses be gradually disused.
5. That the Shower Baths be better lighted.
6. That the practice of washing Chamber-pots in the Baths be forthwith discontinued.
7. That steps be taken to give more complete effect to the suggestion of the 30 th March, 1857, by the adoption of a system of training the Idiots as a special class, and by organizing a plan of Instruction for the Patients generally.
8. That an exchange of troublesome and violent cases between the two County Asylums be promoted, as far as possible, in order to try the effect upon the Patients.
9. That the Beds be removed from the Corridors in Nos. 3 and 4 Infirmaries.
10. That it is worthy of consideration whether arrangements might not be made to permit the friends of Patients coming by railway to enter by the private door at the Station, which, in our opinion, would be appreciated by them as a great boon.

The position and powers of the Medical Officers, the organization of the Staff of Attendants, and the arrangements to ensure the discharge of their respective duties, are subjects deriving so much additional importance from the great extension of the Establishment, that we have given very careful attention to them at this visit.

The office of Superintendent of the Malc Division, vacated by Mr. Tyerman, has been filled up by the appointment of Dr. Sheppard, who will immediately enter upon his duties,

Mr. Hargood, one of the Assistant Medical Officers on the Male side, has lately resigned, and it is stated to be the intention of the Committee not to fill up the vacancy. So to reduce the Medical Staff however, would, in our opinion, be in the highest degree inexpedient, especially at a time when, from the increase of numbers in the Female Division, now containing upwards of 1,100 Patients, it has become manifest that a third Assistant Medical Officer is urgently required on that side.

We have further to state our opinion, as the result of inquiries during the present and previous visits, that in several respects the Medical Superintendents of this Asylum are not invested with the authority essential to a complete discharge of their responsible functions. They have no voice in the selection of the sub-officers or Attendants, their power being limited to suspension for flagrant misconduct. They are regarded as mere Medical Officers, whereas, in our judgment, they ought to be known and recognized in the Asylum generally as its Superintendents, and as having absolute direction of everything connected with the moral treatment of the Patients. They should have the ordering of employments, recreations, and out-door exercises, and should have a discretion, we think, to grant special indulgences to particular Patients, whose previous position in life and degree of education may properly have rendered them exceptional cases.

The Assistant Medical Officers, we regret to learn, are subjected to restrictions not called for by any substantial reasons. A regulation lately made, and at first, but now no longer, applicable also to the Superintendents and the Steward, requires them to return to the Asylum every night
not later than half-past ten o'clock, thus effectually debarring them from attending any evening meetings of a scientific or other character in London.

The Superintendents are empowered to permit the Assistant Medical Officers to be absent for a whole night; but permission to enter the Asylum at a later hour than half-past ten must be obtained from the Committee.

We have now to report the arrangements adopted in reference to the subject of Attendants.

The Male side of the Asylum is divided into Six Sections, each with a Head Attendant, and these are grouped into two Divisions, A and B, over each of which is placed an Inspector.

The Female side is divided into Three Sections, A, B, and the Laundry Department: A and B having each a Matron, and the Laundry Department being under charge of a Superintendent.

This organization is, doubtless, calculated to promote regularity and define responsibility, so far as these are attainable in an Institution of such excessive magnitude. As an instance, nevertheless, of the necessity for still more efficient supervisicn, we have to state that, on visiting Ward 14 in the Male Division, where about 35 of the Patients were at dinner, we found that they had no knives, forks, or spoons; and we learnt, upon inquiry, that for upwards of six months past they had been in the practice of eating their food with their fingers, although there were spoons in store in the Ward.

The existence of such an abuse for so long a period, known as it was to the Inspectors and Head Attendants, appears strongly to illustrate the need for more complete supervision on the part of the Medical Officers, and to suggest the expediency of limiting the duties of an adequate number of Assistant Medical Officers to distinct departments.

The Ward referred to was that in which (unobserved by the Attendants) one of the Patients was recently strangled by another.

Upon the subject of Diet, and the quality of the Meat and other provisions, we have to state, that during our progress through the Asylum many complaints were made to us. We saw the Patients at dinner on two several days, and much of the beef appeared to us to be coarse and hard, on tasting it the first day, though it was better on the second. Upon statements being repeated to us, however, that generally the Meat was of inferior quality, frequentiy hard, without fat, and tasteless, we made sufficient inquiry to satisfy ourselves of the urgent necessity for a special investigation into these complaints on the part of the Committee ; and we would suggest to them to examine, amongst other persons, the Housekeeper on the Female side, who seems to have had much experience, and who, besides supplying all the extra diet on that side, and providing for the Assistant Medical Officers of both Divisions, is responsible for the cooking and distribution of the food of nearly all the Female Patients. On the subject of quantity, we repeat a suggestion formerly made, and which we think to be essential under the present system, that the amount of the Meat allowed should be calculated upon its weight after being cooked, and without bone, and not, as now, when raw.

As respects the Female Attendants, it appears to us, that, in some of the Wards at least, their comfort would be materially promoted by being allowed to take their breakfast and tea in their respective departments, and a revision of some portion of their dietary would on other grounds seem to be desirable.

Whatever involves the comfort and proper position of those who are engaged in the arduous administration of this Asylum, we hold to be of the highest moment; and we entertain a strong belief that the Committee will be anxious to contribute, in any reasonable way that can be fairly pointed out, to the greater efficiency, as well of the inferior Officers as of the general Medical Staff.

JOHN FORSTER.<br>JAMES WILKES.<br>S. GASKELL.<br>R. W. S. LUTWIDGE.

## II.

## LETTER TO COMMISSIONERS IN LUNACY.

## 33, Minner Square, Islingion, 8th January, 1862.

## Colney Hatch Luvatic Astium.

Sir,-The Committee of Visitors of this Asylum have read with attention the Entry made by the four Commissioners in Lunacy who visited the Asylum on the 19th, 20th, and 21 st ultimo, and purpose to take many of the matters as to which the Visiting Commissioners have made suggestions or recommendations into their early consideration.

The Committee notice, that many of the observations of the Commissioners which appear of a suggestive character, do, in fact, refer to matters which have already been determined upon by the Committee, and many of which are partially carried out. As to several of their suggestions, the Committee had already considered and anticipated the subjects, and either adopted them, if practicable, or abandoned the idea if found impracticable: for example, they have recently directed the Steward to procure patterns of cotton prints suitable for warmer dresses for the Female Patients. Means of amusement"and occupation, and pictures, or objects of interest likely to attract the attention of the Patients, have been constantly supplied whenever asked for, the gross cost of which during each successive year has been considerable, (in the case of books and periodicals alone amounting to between 110l. and 120l. per annum), and there is always a stock of instruments of amusement, or toys, in store,
obtainable on the requisition of the Medical Superintendents. The practice of washing chamber-pots and offensive articles in the baths has been prohibited, and tubs have already been ordered to be provided for the purpose. Additional furniture, curtains, blinds, \&c., are provided wherever it is made apparent to the Committee that the same are required. Hand-rails were recently put up experimentally, as to the best form for the purpose, and it is intended to provide them for the staircases in each department. Numerous Patients, and occasionally troublesome and violent ones, have been exchanged between the two Asylums during the last three years, and more especially during the past year. 't he Female Attendants, so far as the Medical Superintendent advises, are allowed to take their meals in their Wards; but the Committee have not allowed them to do so as a general rule, in consequence of the confusion, want of due observance of regular meal-times, waste, and irregularities which took place. The improved ventilation of the Wards, the colouring of the walls, and many other improvements and alterations, are being effected, with as much speed as the limited sum, specified by law as the extent to which Committees of Visitors may incur expenses for such matters in each year, will allow the Visitors of this Asylum to proceed,

The further employment of Male Patients in the different trades and handicrafts, and in the grounds, has been constantly urged upon the late Medical Superintendent of that department, and various indulgences, in the shape of different clothing, tobacco, snuff, tea, \&c., have been held ont to induce the Patients so to employ themselves; and the Committee would be glad to find a larger proportion so engraged. They will impress this on the New Medical Superintendent, and they trust that an increase of employments may take place.

In the Female Department, Straw Plaiting was attempted, but found to be a failure ; and the Committee will most cheerfully aid and encourage the Medical Superintendent in promoting any occupation which he may deem the Patients capable of undertaking, so fully aware are they of the fact that occupation and exercise may be considered the great promoters of recovery to sound mind. Although the Walk round the boundary is only partially corstructed, and may probably not be completely carried round, there are numerous walks in other parts of the grounds, beyond the Airing Courts, to which the Patients have access, restricted only and solely by the Medical Superintendents, whose authority as to exercise, whether within or beyond the limits of the Asylum Grounds, is unlimited: and it is to them that the Committee look for fully carrying out this very desirable remedial treatment.

The Committee of Visitors, at the time when the Asylum was enlarged, provided additional accommodation in the Chapel, which is now capable of containing 700 Patients; and they are quite satisfied that it is sufficiently commodious for the proportion of Patients able to derive benefit from attending Divine Service, and who may attend without danger of interrupting or annoying the others.

The large Hall is now used as a Dining Hall, and it would be very undesirable to disturb its arrangements for the purposes of recreation, \&c.; but although this and the other Halls are not available for assemblies of Patients of the two sexes for recreation, the Medical Superintendents can, if they think fit, assemble them in smaller numbers in the Wards, with the fullest concurrence of the Visitors.

Although the Committee of Visitors are of opinion that
the practice of reading aloud to the Patients of some of the Wards might be very beneficial when the Patients are able and willing to attend to it, they do not think it desirable to make it a part of the regular daily duty of either Inspectors or Head Attendants, whose time must be occupied in general and constantly watchful supervision.

The Committee have already, on more than one occasion, taken the question of assisting the Superintendent of the Laundry into their consideration. They have already divided and classified the duties and employment of that department into Twelve Sections, to each of which a competent paid Servant is appointed, with other paid Servants where requisite ; and the Committee are of opinion that it is inexpedient to appoint a paid Assistant; and taking into consideration the care of the Patients, not only at their work, but in the Laundry Ward itself, to which some of the Laundry Women are appointed to act as Attendants, as well as the urgent need for precision and punctuality in carrying on the duty of the Laundry, they are also of opinion that the proportion of paid Laundry Women is not too large.

The suggestions of the Commissioners with reference to the removal of the walls of some of the associated Dormitories opposite the recesses in the Wards, and the enlargement of the windows, with a view to afford more light, and the alterations in the Iavatories and Bath Rooms, will receive due consideration; but there may be structural or other nbjections to the plans, into which previous inquiry must be made.

The Committee concur with the Commissioners in disapproving of the practicewhicb has sprung up among the Patients
in Ward 14, of eating their dinners without knives, forks, or spoons. It probably originated in the imbecility of the Patients in that Ward, many of whom would be unwilling to use knives, forks, or spoons, even if provided for them; and it illustrates the necessity of more efficient supervision on the part of the Medical Superintendent. The Committee have ordered this practice to be discontinued, and they trust there will not be any recurrence of it.

With reference to the fact of the vacancy in the Male Department caused by the resignation of Mr. Hargood, one of the Assistant Medical Officers, not having been filled up, the Committee have to state, that when they entered upon the reconstruction and augmentation of the Staff of Suberdinate Male Officers in July last (at the time when Mr. Hargood's retirement was about to take place), they satisfied themselves, after full inquiries, that one Assistant Medical Officer in the Male Department was amply sufficient for performing the duties required of him therein.

The suggestion made by the Visiting Commissioners whether arrangements might be made to permit the friends of Patients coming by Railway to enter by the private door at the Station, appears for many reasons to be impracticable.

The Commissioners who visited the Asylum appear to have been misinformed as to facts in many cases to which they advert in their Entry. To these subjects the Committee will now proceed to refer.

With reference to the observation that the Medical Superintendents bave not a voice in the selection of the Sub-officers or Attendants, the Committee hare to state,
that this must be founded on misrepresentation to the Visiting Commissioners. A Candidate's Book is kept on the Male side by the Medical Superintendent, and on the Female side by the Matron, who respectively take down all particulars as to the Candidates before they attend the Committee. And when the Candidates do attend the Committee, each Medical Officer attends and assists the Committee with his advice on the probable fitness of the Candidates, many of whom are rejected at his suggestion. After approval, the Medical Superintendent calls on the approved Candidates to commence duty on probation, as vacancies occur, and at the end of three months (or sooner if inefficient) the Medical Superintendent reports, on a printed form, his opinion of the person's efficiency, by which report the Committee are governed. Again, the Medical Superintendents report deserving Attendants for promotion or gratuity, and theix recommendations are almost invariably adupted; and their powers of suspension go far beyond cases of fagrant misconduct.

The Medical Superintendents have the ordering of the employments of the Patients, their recreation and their exercise, in an almost unbounded manner ; and their suggestions as to special indulgences to Patiente are always considered by the Committee with great attention.

The Assistant Medical Officers may be really subjected to the virtual restriction of returning to the Asylum by halfpast 10 at night, although there is no regulation to that effect; because the Committee have determined that the Gate Porter, whose duty commences at 5 a.m., when he admits the Farm Labourers, and which continues for many hours during each day without intermission, shall not be
required to open the gates after 10.30 p.m., in order that he may have the opportunity of gaining six hours rest out of the twenty-four. It is true that the Committee have intimated to the two Medical Superintendents and the Steward that, upon occasions of a special nature, and upon giving previous notice to the Gate Porter, they will not object to his admitting them; but this is a relasation of the rule, which they do not deem it necessary, nor (indeed, as in past experience they have discovered) is it expedient to extend to the Assistant Medical Officers, who ought to be on duty and ready for active employment at or soon after 7 o'clock in the morning. The Committee never have refused any reasonable application from these gentlemen for special leave, and the Medical Superintendents are not disposed to place any impediment in their way; but the Committee do not sec any good reason for altering the present regulation as to admission at the gates.

The Committee have endeavoured to reply to the whole of the remarks made by the Visiting Commissioners in their Entry; but they observe, with much regret, that the more they have, from feelings of courtesy, listened to the representations of the Commissioners in Lunacy, the more that body has attempted to encroach on the functions of the Committee of Visitors, and to assume a tone of dictation in matters over which they have no control.

But the Committee must remind the Commissioners that they are the body to which, by law, is entrusted the care and management of the Asylum, and the appointment and regulation of the duties of the Officers, under restrictions plainly defined by law: and that to them the Court of Quarter Session and the Ratepayers of the County look for a
just and economical administration, which shall be not unsuited to the class of life to which the unfortunate Patients under their care belong.

The Committee cannot conclude their remarks without expressing their surprise that the Commissioners should consider themselves able, after a visit once in the year, to express themselves so positively as to what alterations are desirablé. The Committee, who, during the whole of the year devote constant and anxious care to the management of the Asylum, know that many of the matters suggested by the Commissioners in Lunacy are quite impracticable, and that if they were adopted, they would involve the whole establishment in hopeless confusion. The Visiting Commissioners in Lunacy, in their Entry, do not appear sufficiently to bear in mind the fact that the Colney Hatch Asylum is established for Pauper Lunatics only, and that many luxuries and appliances suggested by them are quite unsuited to that class of Patients, and could not be provided, but at a cost which would be most justly complained of by the parishes chargeable for their support, and which would, even if granted to the Patients during their residence in the Asylum, tend most materially to aggravate the distress of those discharged as recovered, who, on their return to their homes and former condition, would have to forego those comforts which by long use had become almost necessaries.

$$
\begin{aligned}
& \text { I am, Sir, } \\
& \text { Your very obedient Servant, } \\
& \text { JOHN S. SKAIFE, } \\
& \text { Cler\% to the Visitors. }
\end{aligned}
$$

The Honourable W. C. Spring Rice,
Secretary to the Commissioners in Lunacy.

## III.

## LETTER FROM COMMISSIONERS IN LUNACY.*

> Office of Commisstoners in Lunacy, 19, Whitehall Place, $15 t h$ January, 1862. Sir,

I am directed to acknowledge the receipt of your letter, transmitting the remarks of the Committee of Visitors of Colney Hatch Asylum upon the Entry by the Visiting Commissioners in December last.

In these remarks, the Commissioners have pleasure in observing the Committee appear to approve of many of the suggestions made; and the experience of the Commissioners as to the reception of former similar Entries at Colney Hatch Asylum disposes them to believe that other suggestions, for the present regarded with less favour, will hereafter obtain the attention of the Visitors as of not inferior importance.

Waiting this future occasion, they avail themselves of the opportunity now afforded them to state, that having reconsidered at their Board the recommendations adverted to in your letter as in the opinion of the Committee either unimportant or impracticable, they entertained the strongest conviction that this adverse opinion has been hastily formed;

[^0]and that early adoption of the recommendations in question will be found essential to the due protection and humane treatment of the Patients in Colney Hatch Asylum.

The Commissioners, observing the warning that is given them in your letter against encroaching upon functions not properly theirs, and your mention of the claim of the Visitors to have treated their suggestions with "courtesy," regret to be under the necessity of reminding the Committee that the members of this Board, on whom the Legislature has imposed duties of risitation and inquiry applicable to all Asylums, have a title to graver consideration than mere "courtesy" from those with whom the discharge of their duties brings them into unavoidable communication.

They gladly leave to the Committee their full responsibility for the conduct and management of an Institution which has outgrown all the limits within which any proper or satisfactory administration of a Lunatic Asylum appears to them to be possible. They will not here dwell specially on events of recent occurrence. Every day's experiencesince they protested in 1856 against the enlargement then determined upon by the Committee-has confirmed and extended their belief in the evils inseparable from the congregation under one roof of such vast numbers of the insane. But they must continue to think it incumbent upon them to contribute, as far as may be possible, to the alleviation of those ill-consequences, by inquiring, from time to time, whether, in the language of the 110 th Section of the Act of Parliament defining their functions, the provisions of the law have been carried out as to the Construction of the Asylum; as to its Visitation and Management; as to the performance of Divine Service therein; as to the Attendants
employed; as to the Occupations and Amusements of the Patients; as to their Dietary; and as to all other matters which, to the Visiting Members of their body, "shall seem meet."

If they were in any degree to evade or abdicate those inquiries, they must also violate that provision of the 88 th Section of the same Statute which directs them to report to the Lord Chancellor, in every year, the state and condition of the several Asylums, and of the care of the Patients therein, " and of such other particulars as they shall think deserving of notice."

Their opportunities of investigation as to any one Asylum are indeed limited by the necessity of giving similar attention to every such establishment in the Kingdom; but the Committee, upon further reflection, will perhaps not differ from them in thinking that an experience so varied and extensive entitles their suggestions to at least equal weight with those derived from familiarity with one Asylum alone. Nor can the Commissioners regard it as any disadvantage in the performance of their duties at Colney Hatch, that by the infrequency of their visits, to which allusion is made in your letter, they avoid the danger of becoming reconciled by custom and habit to the continuance of evils that might be removed.

> | I am, Sir, |
| :--- |
| Your obedient Servant, |
| W. C. SPRING RICE, |
| Secretary. |

> J. S. Skaife, Esq.,
> Clerk to Visitors of Colney Hatch Asylum.









|  |
| :---: |
| - |





> JOHN S. SKAIFE,
Clerk to the Visitors.

## APPENDIX D.

## I.

Summary of the Gross Numbers of Lunatics and Idiots chargeable to the different Parishes and Unions in the County of Middlesex, to the County, and adjudged to other Counties, but who are still in the County Asylums, during the last Eleven Years.
In the Year


## II.

Statement of Lunatics and Idiots chargeable to the County, and Parishes and Unions in the County, in each Year from 1851.


[^1]| UNION OR PARISH． | 1859. |  |  |  |  |  | 1860. |  |  |  |  |  | 1861. |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} \text { ت़ } \\ \stackrel{\text { ® }}{0} \end{gathered}$ |  |  |  |  | 荡 | 袻 |
| Barnet Union（Part of）．．．．．． | 11 | 3 | － | 2 | 1 | 37 | 8 | 3 | 6 | 2 | 1 | 20 | 13 | 3 | － | 2 | － | 18 |
| Brentford Union ．．．．．．．．．．．． | 21 | 46 | － | － | － | 67 | 3 | 63 | － | 3 | － | 69 | 3 | 69 | － | 3 | － | 75 |
| East London Union（Part of）．．．．．． | 1 | 2 | － | － | $\square$ | 3 | 3 | 2 | － | － | － | 5 | 3 | 1 | － | － | － | 4 |
| Edmonton Union（Part of）．．．．．． | 48 | 3 | 1 | 1 | 2 | 55 | 53 | 2 | 19 | 9 | 5 | 88 | 60 | $2$ | 19 | 7 | 4 | 92 |
| Fulham Union ．．．．．．．．．．．．．．． | 22 | 39 | 1 | 14 | － | 76 | 3 | 62 | 1 | 13 | －． | 79 | 3 | 70 | 1 | 15 | － | 89 |
| Hackney Union | 66 | 21 | － | 29 | 1 | 117 | 77 | 16 | 1 | 26 | 4 | 124 | 81 | 6 | 1 | 22 | 4 | 114 |
| Hendon Union ．．．．．．．．．．．．．．． | 7 | 12 | － | 5 | － | 24 | 3 | 21 | － | 5 | － | 29 | 3 | 19 | － | 4 | － | 26 |
| Holborn Union ．．．．．．．．．．． | 51 | 4 | － | 11 | － | 66 | 52 | 6 | － | 15 | 1 | 74 | 53 | 6 | － | 11 | 1 | 71 |
| Kingston Union（Part of）．．．．．． | 3 | 1 | － | － | $\square$ | 4 | 1 | 5 | － | － | － | 6 | 1 | 5 | － | － | 1 | 6 |
| Poplar Union．．．．．．．．．．．．．．． | 68 | 11 | － | 14 | 2 | 95 | 80 | 6 | 1 | 10 | － | 97 | 82 | ＊5 | － | 10 | 24 | 121 |
| Staines Union ．．．．．．．．．．．．．．． | 3 | 20 | － | － | － | 23 | 1 | 23 | － | － | － | 24 | － | 24 | － | 7 | － | 31 |
| Stepney Union ．．．．．．．．．．．．．．．．． | 102 | 6 | 1 | 59 | － | 168 | 116 | 4 | 3 | 54 | － | 177 | 122 |  | 2 | 56 | 2 | 182 |
| Strand Union | 44 | 41 | 1 | 13 | 1 | 100 | Il | 88 | － | 12 | 3 | 114 | 11 | 90 | － | 15 | 4 | 120 |
| Uxbridge Union ．．．．．．．．．．．． | 3 | 18 | 2 | 5 | 2 | 30 | 2 | 20 | 1 | 5 | － | 28 | － | 25 | 1 | 5 | 1 | 31 |
| Whitechapel Union ．．．．．． | 85 | 39 | 5 | 48 | 3 | 180 | 112 | 26 | 2 | 42 | 2 | 184 | 113 | 24 | 2 | 41 | 2 | 182 |
| Hamlet of Mile End Old Town ．．． | 67 | － | 1 | 29 | － | 97 | 70 | － | － | 45 | － | 115 | 75 | 1 | － | 47 | － | 123 |
| Parish of Hampstead ．．．．．．．．．． | 4 | 18 | － | 6 | 1 | 29 | － | 22 | － | 6 | 1 | 29 | 1 | 23 | － | 7 | 1 | 32 |
| ．，Kensington ．．．．．．．．．．．． | 32 | 45 | － | 9 | 2 | 88 | 13 | 58 | － | 9 | 2 | 82 | 10 | 78 | － | 11 | 2 | 101 |
| ，，Paddington ．．．．．．．．．．．．．．． | 11 | 23 | 8 | 18 | － | 60 | 3 | 42 | － | 16 | 1 | 62 | 2 | 51 | 4 | 18 | 1 | 72 |
| ，，St．George in the East ．．．．．． | 71 | 2 | 3 | 21 | － | 97 | 65 | 2 | 5 | 30 | － | 102 | 70 | 2 | 4 | 32 | － | 108 |
| ，\％St．George，Hanover Square ．．．．． | 32 | 63 | － | 9 | － | 104 | 3 | 99 | － | 7 | － | 109 | 6 | 98 | $\square$ | 7 | － | 111. |
| ＇，－St．Giles \＆St．George，Bloomsbury | 26 | 32 | 1 | 12 | 3 | 74 | 25 | 34 | 5 | 12 | － | 76 | 18 | 42 | 3 | 13 | － | 76 |
| ＂Clerkenwell | 64 | 28 | － | 34 | ］ | 127 | 71 | 20 | 1 | 26 | － | 118 | 85 | 20 | － | 32 | 3 | 140 |
| 27 <br> St．James，Westminster ．．． | 23 | 52 | － | 23 | － | 98 | 23 | 53 | － | 20 | － | 96 | 11 | 71 | － | 19 | － | 101 |
| ＂，Shoreditch ．．．．．．．．．．．．．．． | 148 | 25 | 2 | 47 | － | 222 | 146 | 23 | 6 | 77 | － | 252 | 134 | 24 | 7 | 77 | － | 242 |
| ," St. Luke ... ... ... ... | 25 | 2.1 | 1 | 72 | 1 | 120 | $\checkmark$ | 19 | － | 73 | 4 | 126 | 42 | 18 | － | 58 | 4 | 122 |
| Chelsea | 49 | 44 | 1 | 19 | 7 | 120 | 17 | 79 | － | 27 | 9 | 132 | 13 | 88 | － | 26 | 7 | 134 |
| ，，．St．Martin－in－the－Fields ．．．．．．．．． | 10 | 45 | 1 | 12 | － | 68 | 10 | 50 | － | 10 | 2 | 72 | 1 | 58 | － | 12 | 2 | 73 |
| ，＂St．Margaret \＆St．John，Westminster | 31 | 49 | $\overline{7}$ | 46 | $\overline{10}$ | 126 | 141 | 70 | － | 47 | － | 131 | 11 | 82 | 2 | 40 | I | 135 |
| ，＂St．Marylebone ．．．．．．．．．．．．．．． | 118 | 91 | 1 | 85 | 46 | 341 | 109 | 135 | 3 | 62 | 41 | 350 | 99 | 144 | 1 | 75 | 115 | 434 |
| ，，Islington ．．．．．．．．．．．．．．．．．． | 94 | 28 | 2 | $\begin{array}{r}9 \\ \hline\end{array}$ | － | 133 | 113 | 21 | 5 | 8 | 5 | 152 | 116 | 21 | 3 | 6 39 | 6 | 152 |
| ，，Bethnal Green ．．．．．．．．．．．． | 81 | 19 79 | 4 | 10 133 | 1 | 115 | 91 | 14 | 4 | 24， | － | 133 | 117 | 12 | － | 32 143 | － | 161 |
| St．Pancras | 175 | ． 72 | 5 | 133 | 0 | 385 | 241 | 64 | 2 | 144 | － | 451 | 264 | 62 | － | 143 | － | 469 |
| County Patients ．．．．．．．．．．．．．．．．．． | 208 | 125 | 3 | － | － | 336 | 187 | 152 | 3 | － | － | 342 | 219 | 165 | 1 | － | － | 385 |
| Patientschargeable to ParishesinotherCounties | 9 | 19 | － | － | － | 28 | 17 | 23 | － | $\square$ | － | 40 | 26 | 37 | － | － | － | 63 |
|  | 1，813 | 1，067 | 44 | 795 | 74 | 3，793 | 1，773 | 1，327 | 68 | 839 | 81 | 4，088 | 1868 | 1，446 | 47 | 853 | 182 | 4396 |

APPENDIX E.


## MIDDLESEX COUNTY LUNATL ASYLUM, COLNEY HATOH.

INCOME AND EXPENDITURE fro 1 1st January to 31st December, 1861.

EXPENDITURE.


Fron Comity itate.

$\frac{\text { minber, } 1861 .}{\text { s. d. }}$

## APPENDIX F.

## Fitodesex County zumatic Asvlum, Colney zatcy.

THE ESTABLISHMENT-81st December, 1861.

## OFFICERS.

| Resident Medical Superintendents - <br> Per Ann. |  |
| :---: | :---: |
| (a) Mr.W. G. Marshall, |  |
| Fema | $500 \quad 0 \quad 0$ |
| (a) Mr. <br> Mal | $500 \quad 0 \quad 0$ |
| (d) The Rev. W. Bullock,Chap- |  |
|  | 20000 |
| (c) Mr. T. H. Chany, Clerk of |  |
|  | 0 |
| (c) Mr. J. S. Skaife, Clerk to |  |
| (a) Committee of Visitors.... | 0 |
| (a) Mr. G. H. Henderson, |  |
| Steward............... | 45000 |
| Dr. W C. Tucker, Assistan: |  |
| partment .... ........ | 0 |
| Mr. J. V. Faull, ditto, Female |  |
| Department ........... ... | 100 |
| Mr. G. R. Irvine, ditto, Female |  |
| Department | 100 0 0 |
| r. R. G. Rose | $100 \quad 0 \quad 0$ |
| (c) Mr. R Quilton, Assistant |  |
| Clerk (e) | 0 |
| R. T. Eade, Assistant Clerk (e) |  |

## Per Ann. <br> \& s. !.

(b) Mr. J. H. Kerridge, Assistant Storekeeper....... $100 \quad 0 \quad 0$
(c) Mr.W. C.Arlolt, Steward's Clerk $(e) \ldots . . . . . . . .$.
(a) Mr. H.Johns, Clerk of the 20000

Mr. J. T. Ford, Inspector.... $50 \quad 0$
Mr. J. Aggas ditto...... $50 \quad 0 \quad 0$
(a) Miss S. Culling, Matron , 1500
(a) Miss S. Builder, Matron. . 15000

Mrs. A. Pollard, Matrons' Assistant .................... 40 0.0
Miss E. Hemmings, ditto .... 350
Mrs. E. J. Goble, Housekeeper ...................... $50 \quad 0$
Mrs. A.J. Bate, Work Mistress 4000
Miss E. Young, Schoolmistress and Organist. ........ 40 0 0
Mrs. E. Welham, Superintendent of Laundry ...... $75 \quad 0 \quad 0$

$$
£ 3,772 \quad 0 \quad 9
$$


(a) Lodged, and allowed Coals, Gas, Butter, Milk, and Vegetables. The Matrons, washing.
(b) Boarded only.
(c) Neither Boarded nor Lodged.
(d) With House and Garden.
(e) Dinner allowed daily.
(f) Lodged and allowed Coals, Gas, Milk, and Vegetables. One Gate Porter, Beer.

All the others have Board, Lodging, and Washing.

* Retired this day; now, Dr. E. Sheppard.


## THE ESTABLISHMENT-continued.



SERVANTS-FEMALE.


THE ESTABLISHMENT-continued.


The above have Board, Lodging, and Washing.
THOS. H. CHANY,
Clert of the Asylum.

| 898 ${ }^{\text {T}}$ | 开［I＇L | 794 | $898^{\circ} \mathrm{T}$ | \＄LI＇T | \＄94 | $678^{6} \mathrm{~L}$ | $980^{\circ} \mathrm{L}$ | 894 | 698＇t | 901＇L | 994 | 964＇L | $890^{\text {c }}$ I | 884 |  | unโ¢SV | ¢7 u！ | 9NINIV |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 876 | ct\％ | \＆L6 | －• | ． | －• | － | －• | －• | － | － | －• | － | －• | ．．$\{$ | ¢8 8LI | 99 97 | $\begin{aligned} & 94 \\ & 69 \end{aligned}$ | səpeua |
|  |  |  | L0I | 牱 | 49 | $\cdots$ | － | － | ． | － | －• | $\cdots$ | － | ．$\{$ | 76 97 | ${ }_{0}^{4} \mathrm{~T}$ | $\begin{aligned} & 9 I \\ & \hline 7 \end{aligned}$ |  |
|  |  |  |  |  |  | 矿 | 18 | 89 | $\cdots$ | － | － | － | － | ．$\{$ | 97 98 | 秝 8 | $\begin{aligned} & 96 \\ & \mathscr{T} G \end{aligned}$ |  |
|  |  |  |  |  |  |  |  |  | 96 | 87 | 27 | $\cdots$ | $\ldots$ | $\cdots\{$ | ¢\％ 18 | ${ }_{8}$ | \％$\% 1$ | －•• |
|  |  |  |  |  |  |  |  |  |  |  |  | 06 | 68 | L9 $\{$ | 86 98 | 8 | EL | $\cdots$ |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | －pə！d |  | ра．mp |  |
| $966^{\prime}$ ¢ | $678^{6} \mathrm{~L}$ | 496 | 696＇T | $89 T^{6} \mathrm{~L}$ | L18 | I66＇t | 0LI＇T | 188 | $496{ }^{\circ} \mathrm{L}$ | ¢9TiT | 808 | 988 ${ }^{6}$ T | $20^{\circ} L^{\prime}$ T | 644 |  | $\begin{aligned} & \text { HLVA } C \text { ant } \\ & 0_{L} L \end{aligned}$ |  | HOSIC |
| $\begin{aligned} & 9 \nabla \\ & \angle L E D \end{aligned}$ | $\begin{aligned} & 6 \mathrm{~T} \\ & \text { £g\% } \end{aligned}$ | $\begin{aligned} & 2 \% \\ & \text { \% \% } \end{aligned}$ | $\stackrel{4}{8 I T}$ | $\begin{aligned} & 5 \\ & 89 \end{aligned}$ | $\begin{aligned} & \& \\ & 9 \Phi^{2} \end{aligned}$ | $\begin{aligned} & 9 L \\ & 9 L L \end{aligned}$ | 4 LC | $\begin{aligned} & 8 \\ & 49 \end{aligned}$ | $\begin{aligned} & \text { LI } \\ & 0 \mathrm{GT} \end{aligned}$ | $\begin{aligned} & 9 \\ & 18 \end{aligned}$ | $\begin{aligned} & 9 \\ & 69 \end{aligned}$ | $\begin{aligned} & £[ \\ & 00 T \end{aligned}$ | \＆ LT | ${ }_{8}^{01}$ |  | ．．．．．．．． | SNOI | sincty <br> NOISSII |
| ELL＇T | $40^{\circ} \mathrm{L}$ | 914 | $678^{6} \mathrm{~L}$ | 980 ${ }^{\circ} \mathrm{L}$ | 894 | \％98＇T | 90 L＇L $^{\text {L }}$ | 994 | 964＇L | $890^{\circ} \mathrm{L}$ | 874 | 84发＇ | 490＇t | 914 | $\left\{\begin{array}{l} \cdots \\ \text { rəd } \end{array}\right.$ |  | mұәу | snotav． <br> 8 |
| －v70 2 | sә［ruar | －soreat | ${ }^{\text {requax }}$ | รэрвиәан | ＇sory | ${ }^{1270} 0^{1} \mathrm{~L}$ | sәtrurat | －splent | ［［870 ${ }^{\text {d }}$ |  | －samet | ${ }^{16} 870 \mathrm{~L}$ | sәr马uar | －sprem |  |  |  |  |
| －．เəquәวә（1 7ST\＆ <br> bNIGN＇A \＆VAX |  |  |  |  |  |  |  |  | －วunf प70¢ |  |  | －पכxum 7ste |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  <br>  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| － D XICN＇HddV |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

## สรplum. Colmey 穆atry

 Return of Patients annually admitted into the Asylum, from its opening on the 17 th July, 1851, to the 31stDec., 1861, distinguishing the Admissions, Discharges, Deaths, and those now remaining in the $\Lambda$ sylum.


Patients employed upon the Farm and Garden, in the Workshops, or Domestic Offices, receive the following Extra Diet:Bread and Cheese and $\frac{1}{2}$ pint Beer at 11 a.m.
$\frac{1}{2}$ pint Beer at 4. p.m.
Bread and Butter and 1 pint Tea at 5 p.m.
$\left.\begin{array}{c}\text { Laundry-women, and Patients } \\ \text { employed in the Kitchen.... }\end{array}\right\}$ Bread and Cheese and $\frac{1}{2}$ pint Beer at 11 a.m.

## APPENDIX K.

## IMPROVEMENTS ACCOUNT FOR THE YEAR ENDING 31st DECEMBER, 1861.

| Foul Linen Closet in No. 5 Airing Court | $\begin{array}{lrr} £ & \text { s. } & \text { d. } \\ 33 & 0 & 0 \end{array}$ |
| :---: | :---: |
| Dough-making Machine | 300 0 0 |
| Shafting, \&c., for ditto | 481411 |
| Belting for ditto | $4 \quad 26$ |
|  | $£ 38517 \quad 5$ |

## H. JOHNS,

Clerk of the Works.

# REPORT OF THE MALE DEPARTMENT FOR THE YEAR 1861. 

lst January, 1862.

Gentlemen,

I have the honour to report that 967 Patients, being two more than in 1860, have been under care and treatment in the Male Department during the past year, in which period the number of recoveries has been greater by 22, and of the deaths less by 28 ; these different results appearing mainly attributable, on the one hand, to the admission of a proportionately larger number of curable cases, and on the other to a diminished number of admissions as compared with thuse of 1860, and which were consequent upon the enlargement of the building in the former of these years.
There remained on the Registers 31 st Dec., 1860, Male Patients ..... 716
Admitted during the year (including: 26 re- admissions) ..... 251
Total under care ..... $\ldots 967$
Discharged as recovered ..... 69
Relieved and not improved ..... 26
Died ..... 118
Total discharged and deceased ..... 213
Remained on the Registers 31st Dec., 1861 ..... 754
Daily average number for the year.
$\qquad$The following have been the various forms which the diseasepresented in the cases admitted :-
Mania ..... 72
,, Associated with General Paralysis. ..... 5
" " Epilepsy ..... 16
Melancholia ..... 58
Dementia ..... 30
". Associated with General Paralysis ..... 45
" Epilepsy ..... 14
Idiocy and Imbecility ..... 7

Thus, as heretofore, a considerable proportion of the "cases has been complicated with Epilepsy and Feneral Paralysis, whilst many of those not so complicated have been of a chronic character.

General Paralysis has, as usual, been one of the principal causes of death, and next to it ranks Epilepsy.
Of General Paralysis have died ..... 43
„Epilepsy ..... 23
„Decay and Infirmity ..... 16
Of Pulmonary Consumption ..... 14
„Peritonitis ..... 1
, Bronchitis ..... 2
,, Maniacal Exhaustion ..... 4
," Chronic Pulmonary Disease ..... 1
Maniacal Exhaustion and Fractures of the Ribs ..... 1
Disease of the Brain with Paralysis ..... 2
Erysipelas and Decay ..... 1
Asphyxia by Accidental Suffocation ..... 1
Rupture of Cerebral Veins ..... 1
,, Emphysema of Lungs, and General Dropsy ..... 1
Exhaustion and Gangrenous Abscesses. ..... 1
Disease of the Heart and Lungs ..... 1
Exhaustion and Spinal Paralysis ..... 1
, Disease of the Heart ..... 1
,Asphyxia by Strangulation ..... 1
, Gangrene of the Foot: an Epileptic ..... 1
", Gangrene of the Foot and Effusion on Brain ..... 1
Total ..... 118

Coroners' Inquests have been held in six cases.

In the first the Patient was found dead lying upon the face in his bed.

In the second the elbows were cut and ulcerated from a fall, and fractures of the ribs found upon the post-mortem examina-
tion. These fraetures appeared to me of very different dates, an opinion supported by that of Mr. Solly, who was consulted by the Committee upon the subject. Subsequently to the inquiry and the publication of the case in the newspapers, Mr. T. Goode, an Attendant upon the Insane in the Workhouse from which the Patient was sent, offered a statement to the effect that the deceased, when under his observation, fell from a wall, and threw himself about in the most reekless manner, after which he beeame collapsed, but rallied under the administration of restoratives.

In the third case a young Epileptic Patient was suffoeated by attempting to swallow a portion of flannel which lodged in the pharynx.

In the fourth case the Patient died from effusion of blood upon the brain, the result of a fall upon the edge of his bedstead by being pushed down in the night by another Patient.

In the fifth case suffoeation occurred in an Epileptic fit.

In the sixth case the deceased was found strangled by another Patient, by means of a neckerchief which was passed round the neck, and concealed by that usually worn, and by the dress. Tnjury of an intestine was also found in the post-mortem examination, indicating that the deceased was knelt upon whilst the act was committed.

Since this distressing oceurrence another attempt at strangulation was made by a young Irish Patient, who is demented and habitually taeiturn.

A Paralytic Patient suffered excessive hæmorrhage by thrust-
ing his hand and arm through a pane of glass, wounding the radial artery. The hæmorrhage was, however, restrained by compression, and the control of the circulation by a tourniquet applied over the brachial artery.

In two instances the clavicle has been fractured: in one, by a fall in an epileptic fit; in the other, by the sufferer being knocked down by another Patient, an Epileptic.

In one instance the elbow was partially dislocated during a violent attack made upon an Attendant.

In two cases the shoulder was dislocated : in one, by a fall in a fit of epilensy; in the other, by the Patient resisting the efforts of an Attendant to prevent his escape.

All these cases have done well.

Fifteen escapes have occurred during the Year, and at its close two of the Patients remained absent from the Asylum.

It has been necessary in two cases to resort to some kind of restraint; in one (that of the Patient who wounded his radial artery) by firmly securing the right hand to the side of the bed to prevent his taaring away the dressings; in the other, by placing the arms and hands beneath the dress, or sheeting; to prevent constant abrasion of the face by the fingers, and which resulted in Erysipelas of the face, but which subsided on removing the causc.

Extremely dangerous and homicidal tendencies have been frequently manifested by several epileptic and maniacal Patients,
and injuries have occurred to Attendants ; in one instance, by the Patient seizing an Attendant and dashing his head against a window mullion, concussion of the brain resulting.

I am happy to report the improved condition of two Wards by the removal of the Asphalte Flooring, and substituting floors of Wood; and that of other Wards by extending the plan for promoting better Ventilation by placing the Gas Lights beneath openings in the Ceilings, and which communicate by means of flues with the chimney shafts.

The insertion of perforated zinc panels in the upper part of the doors of all the dormitories has greatly facilitated the duty of night watching; and as all the eighteen-bedded rooms, as well as the large dormitory, are lighted overhead during the night, the Patients can easily be observed without opening the doors. These arrangements are found greatly to contribute to the comfort of the Patients, who do not object to use an associated room. In the cases in which an objection is made, the Patients are accommodated in single rooms.

The health of the Patients has been promoted by the usual occupations, and by daily exercise around the premises, facilitated by the extended walks in process of formation. Several picnic excursions into the country have been made, affording great. pleasure to all, and considerably benefiting many who participated in them.

Much benefit to the Institution is to be anticipated by the increase in the staff of the Attendants, and the greater division of their responsibilities.

Efficient assistance has been rendered me by Dr. Tucker, the Assistant Medical Officer, under the very onerous responsibilities and labours of the office from which I now retire, respectfully and sincerely wishing you every success in further promoting. the comfort and recovery of the Insane.

I have the honour to be, Gentlemen,

Your most obedient, humble Servant,

> D. T. TYERMAN.

The Chairman and Committee of Visitors.

## TABLE I.-(Males.)

> Form of the Disease of the 251 Male Patients admitted during the Year ending December 31st, 1861 .
Mania. ..... 76
—— complicated with General Paralysis ..... 9
Epilepsy ..... 6
Monomania ..... 2
Melancholia ..... 45
Complicated with General Paralysis ..... 2
Epilepsy ..... 2
Dementia ..... 60

- complicated with General Paralysis ..... 32
Epilepsy ..... 8
Idiocy and Imbecility ..... 9
Total ..... 251
TABLE II.-(Males.)
Combination of Mental Disturbance with Epilepsy in ..... 23
Epileptic Cases admitted during the Year ending 31stDecember, 1860.
Epilepsy with Mania ..... 10
$\longrightarrow$ Dementia ..... 10
———Melancholia. ..... 1
Idiocy and Imbecility ..... 2
Total ..... 23


## TABLE III.

Duration of the Disorder in the 251 Male Patients admitted during the Year ending December 31st, 1861.

| DURATION. |  |  |  | males. |
| :---: | :---: | :---: | :---: | :---: |
| Not exceeding 1 Week | - | - | -• | 40 |
| ,, 2 Weeks | . . | . . | . . | 10 |
| ,. - 3 , | . . | $\cdot 1$ | -• | 9 |
| ,, 1 Month | . | -• | . | 11 |
| ,, 2 Months | -• | . . | . | 9 |
| ,, 3 , | . | -• | -• | 16 |
| ,, 4 , | -• | -• | -• | 6 |
| ,, 5 , | . | . . | -• | 5 |
| ,, 6 ,, | . | . . | . . | 7 |
| ,, 7 ,, | . | . . | . . | 3 |
| ,, 8 ", | . . | -• | . . | 2 |
| ,, 9 ,, | . . | . . | . . | 3 |
| ,, 10 ," | . . | . . | -• | 1 |
| ,, 1 Year | . | -• | . . | 8 |
| ,, 2 Years | . | . | . . | 7 |
| ,, 3 , | -• | -• | - | 4 |
| ,, 4 ,, | - | . . | -• | 4 |
| ,, 6 ,, | - | . . | -• | 2 |
| , 7 , | - | . | -• | 2 |
| ,, 8 , | . | . | . . | 2 |
| ,, 10 ,, | - . | .- | -• | 2 |
| ,, 11 ," | - | .. | . . | 1 |
| , 13 , | . | - | -• | 1 |
| „. . 14 , | . . | . . | . | 1 |
| ,, 24 ., | . . | .. | . . | 2 |
| , 26 |  | . |  | 2 |
| From Birth |  |  |  | 4 |
| Not ascertained | - |  |  | 87. |
|  | ta |  |  | 251 |

## TABLE IV.

## Causes of the Disorder in the 251 Male Patients admitted during the Year ending December 31st, 186

MORAL.
Fright ..... 5
Grief ..... 3
Over Study ..... 5
Religion ..... 4
Domestic Troubles ..... 2
Anxiety ..... 1
Want of Employment ..... 5
Loss of Situation ..... 1
Misfortune ..... 9
PHYSICAL.
Epilepsy ..... 7
Injury to Head ..... 6
Intemperance ..... 19
Disease of Brain ..... 5
Paralysis ..... 3
Insolation ..... 2
Fall ..... 3
Business ..... 3
Masturbation ..... 3
Not ascertained ..... 165
Total ..... 251
TABLE V.
Station or. Occupation of the 251. Male Patients admitted
during the Year ending December 31st, 1861.
Draper's Assistants Brought forward ..... 155
French Polishers ..... 2
Miners ..... 2
Stone Masons ..... 5
Labourers ..... 35
Blacksmiths ..... 9
Bookbinders ..... 3
Shipwrights ..... 4
Costermongers ..... 7
Cabmen ..... 3
Grainers ..... 2
Porters ..... 4
Engineer ..... 1
Poulterer ..... 1
Commercial Travellers ..... 3.
Bakers ..... 7
Printers ..... 4
Farmers ..... 2
Watchmakers ..... 3
Bricklayers ..... 8
Carvers and Gilders ..... 2
Carpenters ..... 3
Weavers ..... 2
Mail Guard ..... 1
Cabinetmakers ..... 9
Schoolmaster ..... 1
Shopmen ..... 3
Sailors ..... 4
Shoemakers ..... 6
Tailors ..... 9
Brushmakers ..... 2
Compositors ..... 2
Gardeners ..... 3.
Carried forward ..... 155. ..... 2
Publicans ..... 14
Policemen ..... 2
Cigar Maker ..... 1
Domestic Servants ..... 7
Law Writer ..... 1
Acrobat ..... 1
Waterman ..... 1
Grocers ..... 3
Goldsmith ..... 1
Messengers ..... 2
Carmen ..... 5
Hatters ..... 4
Gunsmith ..... 1
Custom House Officer ..... 1
Cheesemonger ..... 1
Commission Agents ..... 3
Bårgeman ..... 1
Drover ..... 1
Glass Cutter ..... 1
Cellarmen ..... 3
Coal Whipners ..... 2
Butcher ..... 1.
Plumbers ..... 2
Coopers ..... 2
Barbers ..... 3
Paper Stainers ..... 2
Coachman ..... 1
Station Masters ..... 2
Not ascertained ..... 25
Tótal ..... 251

## TABLE VI.

Degree of Education of the 251 Male Patients admitted duringthe Year ending December 31st, 1861.
Can Read and Write ..... 76
Cannot Read and Write ..... 23
Can Read and Write imperfectly ..... 17
Not ascertained ..... 135
Total. ..... 251
TABLE VII.
Proportion of the Married, Single, and Widowed of the 251 Male Patients admitted during the Year ending December 31st, 1861.
Single ..... 93
Married ..... 123
Widowed ..... 17
Not ascertained ..... 18
Total ..... 251
TABLE VIII.
Religious Persuasion of the 251 Male Patients admitted during the Year ending December 31st, 1861.
Established Church ..... 208
Protestant Dissent ..... 9
Roman Catholic ..... 18
Jewish ..... 2
Not ascertained ..... 14
Total ..... 251

## TABLES IX, and X.

Age at the Time of the First Attack of Insanity, and of Admission into the Asylum, of the 251 Male Patients admitted during the Year ending December 31st, 1861.

| Age. | First Attack. | Admission. |
| :---: | :---: | :---: |
| Under 5 Years | - | - |
| From 5 to 10 Years | 2 | 1 |
| , 10 to 15 , | 3 | 2 |
| ,, 15 to 20 , | 9 | 14 |
| , 20 to 25 , | 25 | 21 |
| ,, 25 to 30 , | 22 | 32 |
| ,, 30 to 35 ,, | 34 | 36 |
| ,, 35 to 40 ,, | 37 | 42 |
| ,, 40 to 45 , | 32 | 36 |
| ,, 45 to 50 , | 18 | 18 |
| ,, 50 to 55 , | 10 | 11 |
| ,, 55 to 60 ,, | 6 | 21 |
| ,, 60 to 65 , | 5 | 6 |
| ,, 65 to 70 , | 3 | 4 |
| ,, 70 to 75 , | 2 | 6 |
| ,, 75 to 80 ,, | 6 | 1 |
| Not ascertained | 27 | 1 |
| Total | 251 | 251 |

## TABLE XI.

# Causes of the Disorder in the 69 Male Patients Discharged Cured during the Year ending December 31st, 1861. 

moral.
Loss of Situation ..... 2
Family Troubles ..... 5
Over Study ..... 2
Religion ..... 4
Fright ..... 2
Grief and Trouble ..... 4
PIIYSICAI.
Injuries ..... 7
Intemperance ..... 8
Epilepsy ..... :
Insolation ..... 2
Hereditary ..... 3
Masturbation ..... 1
Not ascertained ..... $: 27$
Total ..... 69
TABLE XII.
Duration of Disease in the 69 Male Patients discharged Cured during-the Year ending December 31st, 1861.
Not exceeding 3 Months ..... 4
4 ..... 4
5 ..... 2
6 •, ..... 1
7 , ..... 2
8 , ..... 3
1 Year ..... 4
2 Years ..... 7
3 ..... 2
4 , ..... 3
5 ," ..... 2
6 , ..... 2
Not ascertained ..... 33
Total ..... 69
TABLE XIII.
Age of the 69 Male Patients discharged Cured during the Year ending December 31st, 1861.
AGE.
From 15 to 20 Years ..... 6
20 to 25 ..... 10
25 to 30 ..... 6
30 to 35 ..... 17
35 to 40 ..... 7
40 to 45 ..... 4
45 to 50 ..... 3
50 to 55 ..... 5
55 to 60 ..... 4
Not ascertained ..... 7
Total ..... 69

## TABLE XIV.

Time of Treatment of the 69 Male Patients discharged Cured during the Year onding December 31st, 1861.
TIME OF TREATMENT.
Not exceeding 1Month. ..... 5
2 Months ..... 5
3 ..... 6
4 ..... 7
5 ..... 9
6 ..... 6
7 ..... 4
8 ..... 5
9 ..... 4
10 ..... 4
11 ..... 3
1 Year ..... 3
2 Years ..... 4
3 ..... 4
Total ..... 69
TABLE XV.
Form of the Disease in the Cases of the 118 Male Patients who have Died in the Year ending December 31st, 1861.
Mania ..... 30
—_complicated with Epilepsy ..... 7
General Paralysis ..... 8
Monomania ..... 1
Melancholia ..... 10
Dementia ..... 35
——complicated with Epilepsy ..... 4
Idiocy and Imbecility ..... 416
complicated with Epilepsy ..... 3
Total ..... 118

## TABLE XVI.

Duration of the Disease of the 118 Male Patients who have Diedduring the Year ending December 31st, 1861.Not exceeding 1 Month ..... 4
2 Months ..... 2
3 ..... 1
4 , ..... 3
5 , ..... 5
6 ..... 3
7 ..... 4
8 , ..... 4
9 ..... 4
10 ..... 2
11 ..... 2
1 Year ..... 7
2 Years ..... 16
3 ..... 6
4 ..... 3
5 , ..... 3
6 . , ..... 3
7 , ..... 3
8 , ..... 1
9 " ..... 1
10 ..... 2
11 , ..... 1
12 , ..... 1
24 " ..... '1
27 ..... 1
68 ..... 1
From Birth ..... 2
Not ascertained ..... 32
Total. ..... 118

## TABLE XVII.

# Age of the 118 Male Patients who have Died in the Year ending December 31st, 1861. 

AGE.
From 10 to 15 Years ..... 0
, 15 to 20 ..... 1
20 to 25 ..... 13
25 to 30 ..... 16
30 to 35 ..... 11
35 to 40 ..... 16
40 to 45 ..... 15
45 to 50 ..... 11
50 to 55 ..... 6
55 to 60 ..... 10
60 to 65 ..... 2
65 to 70 ..... 6
70 to 75 ..... 2
75 to 80 ..... 3
," 80 to 85 ..... 1
85 to 90 ..... 0
Not ascertained ..... 5
Total ..... 118

## TABLE XVIII.

Time under Treatment of the 118 Male-Patients who have:Died in the Year ending December 31st, 1861.
Not exceeding 1 Week ..... 3
2 Weeks ..... 5
3 ..... 5
1 Month ..... 5
2 Months ..... 8
3 ..... 7
4 ..... 7
5 ..... 6
6 ..... 6
7 ..... 4
8 ..... 4
9 ..... 6
10 ..... 3
11 ..... 2
1 Year ..... 4
2 Years ..... 29
3 " ..... 1
4 " ..... 2
5 ..... 1
6 ..... 2
7 ..... 1
8 ..... 1
9 ..... 2
10 ..... 4
Total. ..... 118

TABLE XIX.
Length of Time that the 1,041 Male Patients who have Died from the opening of the Institution to the 31st December, 1861, had been under Treatment in the Asylum.


## TABLE XX.

# Causes of the 118 Deaths of Male Patients in the Year ending December 31st, 1861. 

General Paralysis and Exhaustion ..... 48
Epilepsy ..... 18
Phthisis Pulmonalis ..... 14
Age and Decay ..... 9
Maniacal Exhaustion ..... 11
Ditto, accelerated by Fracture of the Ribs ..... 1
Peritonitis ..... 1
Bronchitis ..... 2
Spinal Paralysis ..... 2
Senile Gangrene ..... 2
Pneumonia ..... 2
Erysipelas ..... 1
Asphyxia by Choking ..... 1
Ditto, by Strangulation ..... 1
Effusion of Blood on the Brain, the result of Mechanical Injury ..... 1
General Dropsy ..... 1
Carbuncle ..... 1
Disease of the Heart ..... 2
Total ..... 118

## TABLE XXI.

Form of Disease in the. Cases of the 754 Male Patients remaining in the Asylum on the 31st December, 1861.
Mania ..... 20
——complicated"with Epilepsy. ..... 65
General Paralysis ..... 3
——Recurrent. ..... 150
Melancholia ..... 51
$\longrightarrow$ with Suicidal tendency ..... 2
Monomania: ..... 6
Dementia ..... 265

- with Epilepsy ..... 97
——————General Paralysis ..... 61
Idrocy and Imbecility ..... 28
———with Epilepsy ..... 6
Total ..... 754


## TABLE XXIL.

Duration of Insanity in the Cases of the 754: Male Patientsremaining in the Asylum on the 31st December, 1861.
DURATION
Not exceeding 1 Month ..... $I$
2 Months ..... 6
3 , ..... 12
4 ..... 7
5 ..... 6
6 ..... 7
7 ..... 3
8 ..... 6
9 ..... 5
10 ..... 4
11 ..... 5
1 Year ..... 분
2 Years ..... 6
3 ," ..... 51
4 ..... 55
5 ., ..... 56
6 , ..... 55
7 ", ..... 25
8 ", ..... 15
9 ," ..... 13
10 ..... 10
11 ..... 11
12 ..... 11
13 ..... 6
14 ..... 10
15 ..... 6
16 " ..... 2
Carried forward ..... 397
Brought forward ..... 397
Notexceeding 17 Years ..... 1
18 ..... 1
19 ..... 2
20 ..... 1
21 ..... 1
22 ..... 2
23 ..... 5
24 ..... 3
25 ..... 2
26 ..... 1
27 ..... 3
30 ..... 2
33 ..... 1
34 ..... 1
36 ..... 2
39 ..... 1
44 ..... 1
48 ..... 2
53 ..... 1
62 ..... 1
Not ascertained ..... 323
Total ..... 754
TABLE XXIII.
Ages of the 754 Male Patients remaining in the Asylum on the31st December, 1861.AGES.
From ó to 10 years ..... 6 ..... 16
," 10 , 15 ,"
," 10 , 15 ,"
," 15 ,, 20 ," ..... 26
20,25 ..... 31
25 ," 30 " ..... 37
30 ,, 35 " ..... 120
35 ,, 40 ..... 112
$40,, 45$ ..... 109
$45,, 50$ ..... 100
50 ," 55 " ..... 87
$55,, 60$ " ..... 31
$60,, 65$ ..... 28
$65,, 70$ ..... 14
70 ,, 75 ..... 12
$75,, 80$ ..... 5
Not ascertained ..... 20
Total ..... 754
TABLE XXIV.
Length of Time that the 754 Male Patients remaining on the31st December, 1861, have been in the Asylum.
time.
Not exceeding 1 Month ..... 34
2 Months ..... 15
$3)$ 3 ," ..... 23
4 " ..... 43
5 ", ..... 52
6 ", ..... 7
7 ", ..... 15
8 ", ..... 5
9 ," ..... 10
10 ", ..... 22
11 ", ..... 29
1 Year ..... 49
2 Years ..... 56
3 " ..... 79
4 " ..... 47
5 ," ..... 66
6 ", ..... 36
7 ", ..... 28
8 ", ..... 66
9 " ..... 36
10 ", ..... 36
Total ..... 754W. C. TUCKER, M.D., Assistant Medical Officer.

```
\[
-4, \quad, \quad \% \quad, \quad \therefore \quad+
\]
\[
\text { in } \left.H^{4} \because t x^{*} i \leq j=p x^{2}\right\} \text { if }
\]
```

```
\[
\because \quad, \quad \text { \& }
\]
```

```
                                    i!
```

```
                                    i!
```



## MEDICAL REPORT

OF

## THE FEMALE DEPARTMENT.

## TO THE VISITING JUSTICES OF THE COLNEY Hatch lunatic asylum, Middlesex.

December 31st, 1861.
Gentlemen,
The Admissions, Discharges, and Deaths of Female Patients during the past year, with the usual tabular statements of other records relating to the management of this Division of your valuable Institution, I beg to submit for your consideration.There remained of Female Patients on Januarylst, 18611,057
Admitted during the year ..... 272
Total under care ..... 1,329
Daily average number ..... 1,099
Of these there have been discharged, as
Recovered ..... 7ร
Relieved. ..... 49
Not Improved ..... 7
Died ..... 84
Total ..... 215
Remaining in the Asylum, 31st December, 1861 ..... 1,114
| The Admissions of the past year have, unfortunately, been of a very unfavourable character with respect to their recovering or fitness for leaving the Asylum; one-third of the cases having been previously confined in other Institutions of a similar description for sereral years, and in many others the disease is complicated with Epilepsy and Paralysis, whilst the general weakness and prostration present in almost all the cases preclude the hope of many future recoveries.

> Of the 272 admissions there have been dischargedRecovered ................ 26
> Relieved.................... 15
> Died ......................: 19
> Remaining.......................................... 212

The chief forms of the diseases have been Mania, Melancholia, Imbecility with Epilepsy, \&c., Recurrent Mania, and Recurrent Melancholia.

Of the 75 cases discharged as Recovered, it is interesting to state that the residence of years in an Asylum does not prevent many Patients again undertaking their previous responsibility and. avocation in life. Some instances have occurred during the past year in, which the Patient las spent more tlian ten years in this Asylum, in addition to many in other Institutions.

The usual kind and considerate plan adopted by the Committee, in allowing many of the Patients who have been previously out on trial with their friends or relatives, has been the means of regaining mutual confidence.

Amongst the number of those thius permitted out on trial, it was found necessary to retain nine, in consequence of their
mental condition not being considered sufficiently satisfactory for discharge ; and in one unfortunate case a sudden suicidal impulse occurred, during which she inflicted a severe wound with a knife across the throat: happily, it was not of a fatal character. She recovered from the injury, and is again one of the most useful Patients in the Asylum in nursing and consoling her fellow-sufferers.

The Deaths during the past year, amounting to 84, are of a larger actual number than those that have taken place in the previous years; but, considering the daily average number of Patients residing in the Asylum, they bear about the same average, no particular fatal epidemic disease having increased the mortality.

The causes of Deaths can be arranged in the following order, viz.:-
Apoplexy ..... 7
Bronchitis ..... 4
Cancer ..... 2
Epilepsy ..... 7
General Paralysis ..... 14
Natural Decay, with Bronchitis, \&u. ..... 18
Pulmonary Consumption ..... 14
Maniacal Exhaustion ..... 8
Peritonitis ..... 1
Ovarian Dropsy ..... 2
Other Diseases ..... 7
Total ..... 84

It was found necessary to have an Inquest upon one of the

Patients who died rather suddenly in the night, after a continued attack of maniacal excitement. The Verdict of the Jury was, "Died from failure of the Heart. Natural Death."

The casualties that have occurred have been of rather more serions nature, four Patients having accidentally suffered from fractured legs. In one instance it was necessary to restrain the Patient by means of a sheet fastened across the body and arms for a few days, the fracture bcing compound, the Patient also sufficring from Mania with Epilepsy. One Patient had fracture of the left side of the lower jaw, in consequence of her chin coming in contact with the floor in the Ward during an Epileptic seizure.

It is pleasing to be able not to record any fatal casualty, although several unsuccessful attempts have been made by many Patients to commit suicide by strangulation, hanging, and drowning (whilst being bathed). A violent Epileptic attempted to burn a hole in her throat with a poker which had been casually left in the fire.

The escapes have bcen rather morc frequent, chiefly from the Drying-ground belonging to the Laundry Department; and I beg to direct the attention of the Committee to this portion of the building, as it wonld make this part of the Establishment more effective if the boundary were rendered more secure.

In recording the casualties of the Patients, it may not be out of place to state that the Nurses do not always escape from accidents consequent upon their situation, and, in one unfortunate instance, a homicidal attack was made upon a Nurse, who received a violent blow on the mouth, loosening her teeth, and breaking one. Other instances have occurred in which it has
been necessary for Nurses to keep thcir beds for shorter or longer periods, after the desperate struggles and violence of Patients towards them, and, in most instances, so far as could be ascertained, without any provocation.

The removal of the asphalte flooring from the Wards and Bed-rooms this year has added very much to the health and comfort of the Patients, and will also contribute very much to, the warmth and cheerfulness of the Wards, as they previously had a most depressing effect upon the inmates.

The amusements afforded to the Patients have been appreciated by them, and the customary Fête in the field during the summer was attended by a larger number than in previous years. I beg also to thank the Committec for contributing more to their in-door pleasures by procuring additional pianos and music.

In a building of this magnitude, and among so large a number of inmates, a further addition of Musical Instruments, \&c., would be appreciated by many of them.

The habit of Patients visiting their Relatives has been fully carricd out, as in former years, and in no instance has the privilege been abused.

I have great confidence in recommeuding to the farourable consideration of the Committee the constant and active exertions of the various Officers of the Female Department in carrying out the necessary details; also the Nurses and Servants generally, for their attention and strict compliance with the rules of the Asylum, two instances having occurred in which the

Committee kindly granted pecuniary allowance for length of service and grood conduct.

Thanking the Committee for their efforts in rendering tie Asylum so comfortable a home for our suffering fellow-creatures,

I remain; Gentlemen,
Your most obedient and humble Servant,

WILLIAM GURSLAVE MARSHALL, Medical Superintendent, Female Department.

# TABLES OF THE FEMALE PATIEN'IS FOR THE YEAR 1861. 

## TABLE I.

Form of the Disease in the Cases of the 272 Patients admitted during the Year ending December 31st, 1861.


TABLE II.
Combination of Mental Diseases with Epilepsy in 31 Epileptic Cases admitted during the Year ending December 31st, 1861.


## TABLE III.

Duration of the Disorder in the 272 Cases admitted during the Year ending December 31st, 1861.

| Duration. |  |  |  |  | Females. |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Notexceding 1 Month |  |  | - | . | 125 |
| , 2 | 2 Months | - | . . | $\therefore$ | 29 |
| , 3 | 3 " | $\ldots$ | . | $\cdots$ | 17 |
| , 4 | 4 " | . | . | . | 6 |
| , 5 | 5 , | . | - | . | 4 |
| , 6 | 6 , | $\cdots$ | . | - | 8 |
| , 8 | 8 " | $\cdots$ | . | . . | 5 |
| " 9 | 9 ., | . | . | $\cdots$ | 5 |
| , 1 | 1 Year | . | - | . | 10 |
| , 2 | 2 Years | . | . | - | 20 |
| , 3 | 3 " | . | . | . | 3 |
| , 4 | 4 " | . | - | . . | 2 |
| " - 5 | 5 " | . . | . . | . | 1 |
| " 6 | 6 " | . | . . | . | 2 |
| , 7 | 7 , | . . | . | $\cdots$ | 3 |
| , 9 | 9 , | . | . . | . . | 1 |
| , 10 | " | . | . | . | 1 |
| , 11 | 1 " | - | - | . . | 1 |
| , 12 | " | . | . | . | 3 |
| , 20 | , | . | . | . | 1 |
| , 22 | , | . | . | -. | 1 |
| " 23 | " | . | . . | . | 3 |
| , 37 | 7 " | . |  | . . | 2 |
| , 42 |  |  |  | . . | 1 |
|  | Years |  |  | . | 1 |
| From Birth |  |  |  | . | 3 |
| Not ascertained |  |  |  | . | 14 |
|  |  | Tota | . |  | 272 |

## TABLE IV.

> Causes of the Disorder in the 272 Patients admitted during the Year ending December 31st, 1861 .

## FEMALES.

| moral. | Physical. |
| :---: | :---: |
| Anxiety of Husband at Sea .. 1 | Cancer of Right Eye ........ I |
| Death of Child by Scalding .. 1 | Chorea. |
| ,, Husband . .......... 2 | Cancer of Uterus |
| Mother ............ 1 | Climacteric |
| Disorderly Life of Husband . . 1 | Confiuement |
| Disappointed Affection ...... 6 | Disease of Brain |
| in Marriage .... 1 | Dissipation |
| Operation for | Drink ................... 3 |
| Cataract .... 1 | Drinking Rumafter Parturition 2 |
| Calvinistic Preaching on Election $\qquad$ | Epilepsy ..................... 31 <br> Fever |
| Grief .................... | Injury to Head |
| Husband attempting Suicide.. 1 | Lactation. |
| , going to an Asylum. . 1 | Milk Fever. |
| , leaving her ........ 1 | Nervousness |
| Poverty .................. 2 | Paralysis |
| Sudden Excitement' ........ 2 | Pregnancy |
| Trouble .................. 2 | Puerperalal Fever. |
| Over Study ................. 2 | Rheumatic Gout. |
| Reading a Tract, "The Coming | Hereditary ................ 8 |
| Struggle" .............. 1 |  |
| 28 |  |
| Not ascertained ............ 173 |  |

[^2]TABLE V.
Stations or Occupations of the 272 Patients admitted during the Year ending December 31st, 1861.

FEMALES.

| Barmaids. . | 2 | Brought forward. | 151 |
| :---: | :---: | :---: | :---: |
| Bookfolder | 1 | Wife of a Blacksmith | 1 |
| Bracemaker | 1 | ,, Bricklayer. .. . . . . . . . . . . | 1 |
|  |  | \%, Beerhouse Keeper . . . . . | 1 |
| Charwomen . . | 5 | \% Boiler Maker...... | 1 |
| Costermongers | 2 | " Cab Driver ............. | 4 |
|  | 1 | " Carman ... | 2 |
| Daughter of Combmaker............ | 1 | ", Clerkmaker | 2 |
| ", . Bricklayer ............... | 1 | ", Carpenter | 3 |
| \% . . Furrier ... .... . . . . . . . . | 1 | ," . Commercial Clerk | 1. |
| " Knife-grinder ........ | 1 | " Coalheaver | 1 |
| \%, . . . Letter-carrier ... . . . . | 1 | ,, . . Coalwhipper. . | 1 |
| , Labourer | 1 | Clock Veudor | 1 |
| . is . . . Musicia | 2 | ". Drayman. | 1 |
| Dairywoman | 1 | ,, Draughtsman | 1 |
| Domestic Servants ... . . . . . . . . . | 26 | \%. Drapicr ...... | 1 |
| Dressmakers : $\because$. . . ................ | 6 | ", . Drill Master | 1. |
| Gold Wire | 1 | ", Bootmaker | 1. |
| Governcsses | 6 | ", . Butcher. | 1 |
|  |  | General Hawker .... ... . . | 1 |
| Fruitseller | 1 | \%, Hairdresser | 1 |
|  |  | ", . Iron Moulder | 1 |
| Hawker | 1 | ," Jewel Case Maker | 1 |
| Housewife : | 1 | " Labourer | 10 |
|  |  | \% . . Lighterman | 1 |
| Laundrcss | 3 | ", Licensed Victualler | 1 |
| Lodging-house Keeper. . . . . . . . . . . | 2 | \%. Musical InstrumentMaker | 1 |
|  |  | " Musician . . .... ........ | 1 |
| Mangler . $\cdot$. . . . . . . . . . . . . . . . . . . . . | 1 | " Ostler | 1 |
| Needlework | 15 | ". Plumber . | 1 |
| Nurses. | 6 | ", ", and Paiuter.... | 1 |
|  |  | \% Pianoforte Maker ....... | 1 |
| Pen Cutter | 1 | \%. Printer | 1. |
| Pipe Trimmer $\because$. .. ...... : ...... . | 1 | ," Railway Poiutsman . . . | 1 |
|  |  | " .Sailor......... .... | 2 |
| Ruespectable | 1 | " Soldier | 1 |
| Servants | 30 | ", Ship Joiner ........... ... | 1 |
| Sempstress . . . . . . . . . . . . . . . . . . . . . . . . . | 1 | ", Stationer.. .... . . . . . . | 1 |
| Shoebinders .... ................ | 4 | " Shocmaker | 5 |
| Shoecloser: | 1 | " Porter | 3 |
| Schoolmistresses | 2 | " Plasterer | 1 |
| Silkwinders | 2 | ", Tailor | 1 |
| Silkweavers | 2 | " Watchmaker | 1 |
|  |  | ," Wine Cooper. | 1 |
| Tailoresses . . . . . . . . . . . . . . . . . . . | 2 | ", Wheelwright | 1 |
| Tambour Workers | 2 | ", Smith...... | 2 |
| Trimming Makers. | 1 | Widow of Labourcr | 1 |
| Truss Coverer. | 1 | Washing. . . | 2 |
|  |  | Water Cress Seller .. | 1 |
| Umbrella Maker . . . . . . . . . . . . . . | 1 |  |  |
| Weavers | 7 | No, Occupation . . . . . . . . . . . . | 32 |
| Wife of a Barber | 1 | Not stated | 11 |
| Carried forward .......... | 151 | Total | 272 |



TABLES IX. and $X$.
Age at the time of the First Attack of Insanity, and of Admission into the Asylum of the 27.2 Patients admitted during the Year ending December 31 st, 1861.

| AGE. | First Attack. | Admission. |
| :---: | :---: | :---: |
| Under 5 Years ............. | - | - |
| From 5 to 10 Years .... | 3 | 1 |
| , 10 to 15 ", | 9 | 3 |
| ", 15 to 20 ", | 21 | 21 |
| , 20 to 25 , ", ....... | 24 | 27 |
| , 25 to $30^{\circ}$ ", ....... | 25 | 22 |
| ,, 30 to 35 | 39 | 36 |
| , 35 to $40 \cdots$, | 30 | 33 |
| , 40 to 45 , ........ | 25 | 28 |
| , 45 to 50 ~, , ........ | 22 | 31 |
| , 50 to 55 ., ......... | 14 | 27 |
| , 55 to 60 , \%........ | 9 | 14 |
| , 60 to 65 , .......... | 4 | 10 |
| ,, 65 to 70 , .......... | 5 | 10 |
| , 70 to 75 | 4 | 3 |
| " 75 to 80 , .rrer.. | 1 | 4 |
| From Birth | 3 | - |
| Not ascertained .r.....r |  | 2 |
| Total........ | 272 | 272 |

## TABLE XI.

Causes of the Disorder in the 75 Cases discharged Gured during the Year ending December 31st, 1861.

## FEMALES.


Total ..... 75

TABLES XII., XIII., XIV., and XV.
?
Form of the Disease-Duration of the Disease on Admission - Age-and Length of Time under Treatment in the Asylume, in the Cases of the: 75 Patients: Discharged Cuxed during the Year ending December 31st, 1861.

TABLE XII.

| Form of the Disease. | Females. |
| :---: | :---: |
| Mania | 30 |
| Recurrent ditto. | 18 |
| Puerperal Mania | 4 |
| Recurrent ditto. | 1 |
| Mania a Potu | 2 |
| Recurrent ditto | 1 |
| Hysterical Mania | ${ }^{1}$ |
| Recurrent ditto | 1 |
| Chronic Mania. | 1 |
| Melancholia | 7 |
| Recurrent Melancholia | 5 |
| Imbecility | 3 |
| Dementia | 1 |
| Total | 7.5 |

TABLE XIIJ.

| Durationof the Disease. | Females. |
| :---: | :---: |
| Notexceeding 1 month | 55 |
| $\ldots . . . . . .3$ 3months | 10. |
| $\because \quad \begin{array}{ll} \because & 6 \\ , & 1 \text { year } \end{array}$ | 3 1 1 |
| , $\# \cdots . .22$ yearrs | 2 |
| ", 4 , | 1 |
| Unknown . | 3 |
| Total...... | 75 |

TABLE XIV.

| Age. | Females, |
| :---: | :---: |
| From 15 to 20 years | 9 |
| . ., . 20 to 25 . . , . | 13 |
| " 25 to 30 " | 13 |
| $\cdots .30$ to 35 , $\quad$ : | 7.1 |
| " 35 to 40 " | 8 |
| $\because 40$ to 45. | 6 |
| , 45 to 50 " | 7 |
| $\because 50$ to 55. | 6 |
| " 55 to 60 " | 2 |
|  | $7^{1!}$ |
| ", 70 to 75 | 2 |
| Not known.. | 1 |
| Total. | $75^{2!}$ |

TABLE XV.

| Duration of Treatment. | Females. |
| :---: | :---: |
| Not exceeding 2 months | 1 |
| " 3 " | 10 |
| " 6 " | 20 |
| ", 9 , | 14 |
| ", 1 year | 10 |
| ", 2 years | 16 |
| " 3 " | 2 |
| " $r^{6} 0^{\prime \prime}$ | 1 |
| Total.. | 75 |

## TABLES

In continuation of Tables XII., XIII., XIV., and XV., showing the Occupation, Religion, Education, and Social Condition of the 75 Patients discharged as Cured during the Year cnding December 31st, 1861.

Occupation.
armaid1
Charwomen ..... 2Dressmaker1
Daughter of BrichlayerTaundress.
Not stated
7
Needlework ..... 2
Nurse
1
Prostitute1
Silk-winder1
Servants ..... 18
oress
1
Upholsteress
Butcher ..... 1
man1
Oabinet-make
1
Carpenter1
Clerk1
1Iron-moulder
g ..... ,Shnemaker1
," Smith2
," Teacherof Languages1
Total ..... 75
Social Condition.
Married ..... 30
Single. ..... 36
Widowed ..... 8
Not known ..... 1
Total ..... 75
Education.
Well Educated ..... 5
Read and Write ..... 48
Read ..... 20
Uneducated ..... 2
Total ..... 75
Religion.
Hebrew ..... 1
Church of England ..... 28
Rome ..... 10
Baptist ..... 1
Independent ..... 1
Protestants ..... 31
Wesleyan ..... 1
Not known ..... 2
Total ..... 75

## TABLES XVI., XVII., XVIII., AND XIX.

Similar Tables in the Cases of the 84 Patients who have Died in the Year ending December 31st, 1861.

TABLE XVI.

| FORM OF THE DISEASE. | females. |
| :---: | :---: |
| Mania | 20 |
| , with Epilepsy | 1 |
| Chronic Mania | 5 |
| Hysterical " | 1 |
| Puerperal " | 2 |
| Recurrent " | 8 |
| Melancholia.. | 11 |
| , with Epilepsy | 2 |
| Recurrent Melancholia | 1 |
| Imbecility . ........... | 8 |
| with Epilepsy .. | 5 |
| Senile Imbecility | 4 |
| Dementia . . . . | 11 |
| ,, with Epilepsy.. | 2 |
| Senile Dementia........... | 1 |
| Total | 84 |

TABLE XVIII.


TABLE XVII.


TABLE XIX.


## TABLES

In continuation of Tables XVI., XVII., XVIII., and XIX. showing the Occupation, Religion, Education, and Social Condition of the 84 Patients who have Died during the Year ending December 31st, 1861.

| Occupation. | Religion. |
| :---: | :---: |
| Bonnet Maker ........... 1 | Hebrew . . . . . . . . . . . . . . 2 |
| Bootbinder ............. 1 | Church of England ...... 29 |
| Costermonger ........... 1 | church of England . . . . . 20 |
| Charwomen ............. 4 | , Rome ........ 14 |
| Cook . . . . . . . . . . . . . . . 1 | Baptists . . . . . . . . . . . . 2 |
| Domestic .................. 1 | Dissenters . . . . . . . . . . . . 2 |
| Dressmakers............. ${ }^{\text {en }}$, | Presbyterian . . . . . . . . . . 1 |
| Fruitseller... . . . . . . . . . . 1 | Protestants ............... 27 |
| Lodging House Keepers . ${ }^{2}$ | Wiesleyan .... . . . . . . . . . . . 2 |
| Manglers . . . . . . . . . . . . 3 | Wespleyan .... .. . . . . . . ....... 2 |
| Monthly Nurse. . . . . . . . . 1 | Not known . . . . . . . ..... 5 |
| Midwife. . . . . . . . . . . . . . 1 |  |
| Needlework.............. 5 | Total .............. 84 |
| No oceupation .......... 9 |  |
| Not known . . . . . . . . . . . . 5 |  |
| Not stated... ..... ..... . . . . 7 |  |
| Servants .............. 13 |  |
| Tambour Worker........ 1 |  |
| Umbrella Maker ......... 1 | Education. |
| Wardrobe Dealer........ 1 | Well Educated ........... 2 |
| Washerwoman .... ...... 1 |  |
| Wife of Hair Dresser .... I | Read and Write ........ 37 |
| , Clerk .......... 1 | Read . . . . . . . . . . . . . . . . 27 |
| " Labourers ........ ${ }^{2}$ | Uneducated ,............ 18 |
| " Blacksmith ...... 1 |  |
| " Mariner Plate Worker. 1 | Total . ........... 84 |
| " " Porter . . . . . . . . 1 |  |
| ", Printer .......... 1 |  |
| ," Paper Hanger . . . 1 |  |
| Widow of Barber . . . . . . . I |  |
| , Master Painter 1 | Social Condition. |
| , Weaver........ 1 |  |
| ," Labourers...... 3 | Married ............... .. 34 |
| ", Cooper . . . . . 1 | Single. . . . . . . . . . . . . . . 23 |
| " Shoebinder .... 1 | Widowed ............... 25 |
| $\begin{array}{ccc} \text { Pı Pianoforte Maker } & 1 \\ \text { Pauper . . . ............... } & 1 \end{array}$ | Not stated.. . . . . . . . . . . 2 |
| Total. . . . . . . . . 84 | Total ............ 84 |

Assigned Causes of the Mental Diseases in the 84 Cases ofDeaths during the Year ending December 31st, 1861.
MORAI.
Anxiety ..... 1
Domestic Trouble ..... 1
Death of Husband ..... 1
" Daughter ..... 1
Disagreement with Husband ..... 1
Grief ..... 1
, at"Brother going to Sea ..... 1
Religion. ..... 2
Loss of Money ..... 1
, of Husband. ..... 1
Not known ..... 56
PHYSICAI.
Epilepsy ..... 10
Paralysis ..... 2
Puerperal ..... 4
Hereditary ..... 1
Total ..... 84

## TABLE XXI.

C.uuses of the 84 Female Deaths in the Year ending December 31st, 1861.
Apoplexy ..... 7
Bronchitis ..... 4
Diarrhœa. ..... 2
Diseased Hip-joint ..... 2
Epilepsy ..... 7
Exhaustion from Cañcer of Breast, \&c. ..... 1
" " , Lip, \&c. ..... 1
33 Chorea ..... 1
39 General Paralysis ..... 14
" " ", Dropsy ..... 1
99 Ovarian ..... I
Mania ..... 8
Natural Decay, with Bronchitis ..... 18
Peritonitis ..... 1
Phthisis Pulmonalis ..... 14
Syncope (Inquest) ..... 1
Syphilis ..... 1
Total ..... 84

## TABLE XXII.

Form of Disease in the Cases of the 1,114 Patients remaining in the Asylum on the 31st December, 1861.

| FORM OF DISEASE. | Females. | TOTAI. |
| :---: | :---: | :---: |
| Mania... | 228 | 304 |
| ——with Suicide | 3 |  |
| -_ Epilepsy. | 45 |  |
| - - and. Suicidal | 1 |  |
| - Hysteria | 18 |  |
| - - and Epilepsy | 5 |  |
| - General Paralysis . . . . . . . . . . . . . . . . . | 4 |  |
| Chronic Mania | 127 |  |
| __ with Epilepsy | 7 |  |
| Monomania | 3 |  |
| Homicidal Mania | 1 |  |
| Mania a Potu . . | 2 |  |
| Erotomania | 2 |  |
| Puerperal Mania | 13. |  |
| - with Epilepsy | 1. | 156 |
| Recurrent Mania | 114 |  |
| -__ with Suicide | 1 |  |
| -_- Epilepsy | 11 |  |
| --- Hysteria | 8 |  |
| ----n General Paralysis, | 1 |  |
| Melancholia | 138 | 135 |
| - with Suicide. | 3 |  |
| --- Epilepsy | 6 |  |
| --- General Paralysis | 2 |  |
| - Recurrent. | 32 |  |
| Dementia | 131 | 181 |
| - with Epilepsy | 29 |  |
| - General Paralysis | 4 |  |
| - Senile | 2 |  |
| Imbecility |  | 166 |
| --- with Epilepsy | 60 |  |
| - - Paralysis . | 2 |  |
| _-_ General Paralysis | 4 |  |
| - Chorea | 1 |  |
| - Congenital . | 4 |  |
| - Senile . . . . . . . . . . | 4 |  |
| - Senile | 9 |  |
| with Epilepsy | 2 |  |
| Idiocy . . . . . . . . | 5 | 163 |
| - Congenital | 2 |  |
| with Epilepsy |  | 9 |
| Total. . . . . . . . ¢, . . . . | . | 1,114 |

TABLE XXIII.
Duration of Insanity, prior to Admission, in the Cases of the 1,114 Patients remaining in the Asylum on the 31st December, 1861.


Female Department, 31st December, 1861.

## TABLE XXIV.

Ages of the 1,114 Patients remaining in the Asylum on the 31st December, 1861.

| $\triangle \mathrm{GES}$. | females. |
| :---: | :---: |
| Under 5 years. | - |
| From 5 to 10 years | $\cdots$ |
| , 10 to 15 , | 7 |
| ,, 15 to 20 ," | 37 |
| ,, 20 to 25 ," | 70 |
| ,, 25 to 30 , | 116 |
| ,, 30 to 35 ," | 118 |
| " 35 to 40 ," | 135 |
| ", 40 to 45 ", | 169 |
| " 45 to 30 , | 128 |
| ," 50 to 55 ," | 108 |
| ", 55 to 60 ", | 78 |
| , 60 to 65 " | 8 |
| , 65 to 70 ," | 34 |
| ,, 70 to 75 ," | 22 |
| ,, 75 to 80 ," | 15 |
| ,, 80 to 85 ," |  |
| Not ascertained | 29 |
| Total | 1,114 |

## TABLE XXV.

Length of Time that the 1,114Patients remoining on the 31st December, 1861, have been in the Asylum.

| time. |  | fimales. |
| :---: | :---: | :---: |
| Not exceeding 3 Months.. |  | 42 |
| , | 6 ,, | 64 |
| , | 9 ", | 71 |
| ,' | 1 Year | 32 |
| ", | 2 Years | 141 |
| ," | 3 ," | 365 |
| ,' | 4 , | 3.5 |
| ,' | 5 , | 41 |
| ," | 6 ", | 38 |
| - ," | 7 " | 16 |
| " | 8 ,, . | 30 |
| ," | 9 | 39 |
| ," | 10 , | 60 |
| ,' | 11. | 24.0 |
|  | Total | 1,114 |

W. G. MARSHALL,

Medical Superintendent.

## STEWARU'S REPORT.

1st January, 1862.

## Gentlemen,

I have the honour to submit a brief Report for the year 1861, explaining a few alterations and improvements, which have been carried out by your desire during that period, with the usual Annual Returns annexed.

The Workshops, which were altered and re-appropriated during the latter part of 1859 , are found to be convenient and comfortable for the Patients, with ample accommodation for an increased number. The Tailors and Shoemakers are still a very small percentage on the total number of Patients who are now on the Male side of the Asylum. If this number could be added to, it would prevent the necessity of sending some hundreds of garments to the House of Correction and elsewhere, which we find it impossible to complete with our present limited staff.

On an average, about 23 Patients have attended the Tailors' shop during the year; but of these not more than 16 are Tradesmen, and able to use the needle. By the Return appended to this Report it will be seen that the net earnings of the Tailors' shop, after paying wages to journeymen, and estimating. the work at a very low price, amounts to $£ 3097 \mathrm{~s}$. Id., or $£ 19$ 6s. 8d. as the earnings of each Patient.

In the Shoemakers' shop the average attendance of Patients has reached about 21, and of these about 15 only have been brought up to the trade. The earnings of these Patients, also calculated at a low price, amount to £226 12s. 5d., or about $£ 15$ per Patient. These sums, I am glad to say, exceed the earnings of these trades during the previous year. I hope that, should I have to draw up these details at the end of the present year, I may be enabled to produce a still more encouraging statement.

The pecuniary advantages derived from the employment of the Patients are thus shown to be considerable, in addition to the more important benefit to health which useful occupation affords. It must also be gratifying to them to know that they are contributing largely to their own support, and may possibly give them confidence that, should they be restored to health and discharged from the Asylum, they would be again enabled to follow their respective trades and earn their own living.

A like proportion of Patients has attended the other Workshops, and their labour has also been remunerative.

The Domestic Offices are in an efficient state, and continue to give great satisfaction. During the past year Stevens's Patent Dough-making Apparatus has been fixed in the Bakehouse. One of these Machines had previously been in use at the House of Correction, and pronounced to be a great improvement both in economy and cleanliness. The Machine supplied to the Asylum has been long enough in use to enable me to endorse this opinion.

The consumption of Wlour here for all purposes is, on an average, 43 Sacks per week- 37 for Bread alone. Out of cach
sack of Flow $97 \frac{1}{2} 4 \mathrm{lb}$. Loaves are made by hand, and $100 \frac{1}{2}$ by the Machine, showing a saving of 1s. 10d. per sack; and this is also effected with the Flour used for other purposes. The annual saving upon the Flour consumed is, therefore, $£ 20419 \mathrm{~s} .4 \mathrm{~d}$. I believe 402 lbs . of Bread from 280 lbs . of Household Flour is a large production.

During the last year a Gravel Walk, eight feet wide and about three-quarters of a mile in length, has been formed through the fields belonging to the Asylum, to enablc the Patients to take daily walks beyond the gardens during the winter months, when the greass is too damp for them. The circuit of the property is not yet complete, there being rather more than a quarter of a mile unfinished; it is proposed to do this early in the year.

The Airing Courts are in good order, and the Thatched Rustic Sun-shades erected in each (the last having been finished in the early part of the year) appear to be much used and admired.

The Gardens, which have been formed on the West of the Asylum for the use of such of the Female Patients as may be found to take an intercst in them, have been attended to and planted. Upwards of 10,000 plants were reared last year, and transplanted into the Gardens and Airing Courts, besides some hondreds of others which were sent into the Wards in flower.

A small Ice-house has been constructed in the East side of the building, and is now ready for the reception of ice.

I have given much personal attention to the Farm and Stock during the year. The Stock, with the exception of the Cows, which have again suffered from Pneumonia, have been very healthy. A large quantity of Pork has becn supplied by the

Farm, and the change in Diet which it affords has been appreciated by the Patients.

The principal Crops grown upon the Farm and in the Gardens have been 40 Loads of Hay, 39 Quarters of Oats, 210 Tons of Wurzel, 2 Acres of Rye Grass, 6 of Vetches, 4,000 Bushels of Cabbage, 113 Bushels of Parsnips, 143 Bushels of Onions, 157 Bushels of Garden Peas and Beans, 3,515 Lettuces, and 440 Bundles of Rhubarb. A considerable quantity of other useful kinds of Vegetables has been grown for the use of the House. Cabbages, Parsnips, Carrots, Lettuces, Peas, and Beans have been given to the Patients during the season; and Fruit was coustantly supplied to the Infirmaries, and occasionally to the other Wards.

> I have the honour to be,
> Gentlemen,
> Your most obedient Servant, GEORGE H. HENDERSON.

Steward.

To the Committee of Visitors, Colney Hatch Asylum.

#  COLNEY HATCH. 

## FARM AND GARDEN ACCOUNTS.

Abstract of Receipts and Payments from 1st January to 31st December, 1861.

| To Sale of- RECEIPTS. \& s. d. | PAYMENTS. <br> By Cash for- |  | s. d. |
| :---: | :---: | :---: | :---: |
| 7 Cows (less expenses of | 33 Cows.. |  | 10 |
| sale) .................. 16086 | 46 Sheep |  | 14 |
| 4 Scotah Bullocks (less ex. | 1 Bull |  | 10 |
| penses of sale .......... $77 \quad 2 \quad 0$ | 1 Boar Pig |  | 6 |
| 2 Ualves................... ${ }^{2} 100$ | Hay, Corn, Straw, Oil Cake,\&c. . . . . . . . . . . . |  |  |
| 37 Sheep ............... 81 7 0 |  | 703 | 6 |
| 14 Lambs ................ 22120 | Meal, \&c., for Pigs \& Cows |  | 40 |
| 5 Pigs.................... 14166 | Seeds ..................... |  | 79 |
| Hides, Skins, \&c. .... .... 5984 |  | 15 | 611 |
| Bones ............... ..... 915 . | Wages | 479 | 1010 |
| Wool .................... 1760 | Incidentals ............... |  | 1510 |
| Balance........... 1,754510 |  |  |  |
| 22,202 116 | £2,202 116 |  |  |
| - | THOS. H. CHANY, |  |  |
|  | Clerk of the Asylurn. |  |  |

Value of Stock on Farm.


## GEORGE H. HENDERSON,

Steward.
GENERAL ACCOUNT


TAILOR'S SHOP.
Account of Patients' Work and Earnings for the Year 1861.


SHOEMAKER'S SHOP
Account of Patients' Work and Earnings for the Year 1861.

| Articles Made Up. | No. of Articles. | Price of Making per Article. | Value of Worls. | Remares. |
| :---: | :---: | :---: | :---: | :---: |
| Men's Leather Shnes | 2 | $\begin{array}{ll}\text { s. } & \text { d. } \\ 3 & 0\end{array}$ | £ $\begin{array}{ccc}\text { s. } & \text { d. } \\ 0 & 6 & 0\end{array}$ |  |
| Women's Leather Boots | 16 | 20 | 1120 |  |
| ," ", Shoes | 12 | 19 | $\begin{array}{llll}1 & 1 & 0\end{array}$ |  |
| Cloth and Canvas Boots | 665 | 20 | 6610 |  |
| Female Attendants' Belts ...... | 110 | 0 4 | 1168 |  |
| Male ," , | 100 | 0 4 | 1134 |  |
| Repairs. <br> Boots and Shoes repaired | 919 | 0 8 | 30128 |  |
| " and welted. . . . ............. $\}$ | 3,966 | 16 | 29790 |  |
| Boots locked and strapped | 1,368 | 02 | 1180 |  |
|  | Deduct Journeymen's Wages.... <br> Total |  | $\begin{array}{rrr}412 & 8 & 8 \\ 185 & 16 & 3\end{array}$ |  |
|  |  |  | £226 $12 \quad 5$ |  |

## ationleser county zumatíc $\mathfrak{d s p l u m}$, COLNEY HATCH.

## Frovisions consumed during the Year ending Dec. 31st, 1861.

Number of Officers and Servants ..... 203
Ditto Male Patients ..... 754
Ditto Female Patients ..... 1,114
Total ..... 2,071
Meat-Bacon 7,594 $\frac{1}{2}$ lbs.
Beef and Mutton ..... 320,477 lbs.
Pork $14,638 \mathrm{lbs}$.
Beer . . . . . . . . . . . ........................ 88,873 gals.
Bread .................................... 725,488 lbs.
Butter . . . . . . . . . . . . . . . . . . . . . . . . . . . . $24,349 \frac{3}{4}$ lbs.
Cheese . . . . . . . . . . . . . . . . . . . . . . . . . . . $57,504 \frac{1}{\frac{1}{2}}$ lbs.
Cocoa . . . . . . . . . . . . . . . . . . . . . . . . . . . . 18,5383 $\frac{3}{4}$ lbs.
Coffee . ................................... . . . $1,039 \frac{1}{4}$ lbs.
eggs ..... 3,120 No.
Flour ..... 611,344 lbs.
Malt 732 qrs.Milk24,988 gals.
Hops ..... 7,197 lbs.
Potatoes 472,833 lbs.
Sugar 30,800 $\frac{1}{4}$ lbs.
Tea 7,649 $\frac{1}{4}$ lbs.
Molasses ..... $37,421 \frac{1}{2}$ lbs.
For the Sick.
Wine ..... 122,568 oz.
Brandy ..... 33,696 oz.
Gin ..... 5,976 oz.
Porter and Ale 74,386 pints.
Fish ..... 23,505 No.
Biscuits 20,440 No.
Eggs 47,577 No.
GEORGE H. HENDERSON,

## THE CHAPLAIN'S REPORT.

## TO THE COMMITTEE OF VISITING JUSTICES OF THE MIDDLESEX COUNTY LUNATIC ASYLUM, COLNEY HATCH.

Gentlemen,
In reviewing the course of my ministrations in the Asylum during the past year, I believe I may take pleasure in feeling that the moral and spiritual welfare and comfort of the Patients have not in any way become deteriorated during that period. I think that cheerfulness, good-humour, and contentment on their part are rather on the increase than otherwise, and the maintenance of order and discipline is thereby facilitated in proportion. These results would seem to flow naturally from the growth of that system of kindness and considerate attention to the Patients on the part of all the Officcrs and Attendants which you have established in the Asylum. I believe that kindly intercourse and conversation with them (exercised, of course, with judgment and discretion), are highly conducive to their mental and general improvement. They are cheered ard sustained by an exhibition of interest in their former circumstances, as well as in their present condition, and this' sometimes unlocks a taciturnity which has resisted all other efforts. With this view, I frequently offer myself as a medium of communication with their absent reiatives' or friends, and generally with beneficial results. In one case the result has been the restoration to his family in Ireland of a young man who had been lost to them for upvards of twelve months.

The circulation of interesting and religious books, tracts, magazines, and other periodicals (of which I have again, on the behalf of the Patients, to thank you for an increased supply), is eminently conducive to the comfort and happiness of many of them. Nor, I think, should I omit to notice, under the head of means of mental and moral culture and improvement, the Musical Instruments which you have recently added to those already in use in the Wards. The satisfaction which thosc among the Paticnts who are capable feel in using them (and there are some very fair musicians on both sides of the house), and the pleasure which the othcr Patients cvince in hearing: them, sometimes turning them to account in a sprightly dance, in which the Attendants join, and sometimes accompanying them with the voice-in either case producing a result of cheerfulness and moral harmony in the Ward-are, I think, a sufficient proof of the uscfulness of their introduction.

The gencrosity and Christian philanthropy of some friends of one member of your Board have supplied the Wards with 100 copies of a very simple but ingenious and valuable work, under the title of the "Bedroom Companion and Silcnt Comforter," consisting of sheets of Scripture texts of an encouraging and consolatory character, printed in very large type and slung upon a roller, in sufficient numbers to afford a page of two or threc texts for every day in the month. These I have distributed generally on cither side of the house, either in day-rooms or dormitories, or in single rooms, as I thought they would be mosit extensively useful and best appreciated, and I am happy to say that those who possess them or have access to them seem to find much pleasure in using them.

Another causc of what I cannot but believe to be a general improvement traccable in the condition of the Patients, though
not properly belonging to my department, seems nevertheless obvious to a comment from me, especially as, in one respect, it comes immediately under my observation. I allude to the inereased facilities for the aecess of fresh air into the building through the apertures in the corridors, and the opening of a window in the ehapel. It is, perhaps, owing to these eireumstances (or, at least, in part) that the health and behaviour of the Patients during Divine Serviee are so much better than they were last year. Our Sunday services used to be painfully interrupted by the removal of invalid or excited Patients, to the number on an average of eight on each Sunday (four in each of the two services). We now have rarely more than one such interruption, and seldom even that, though the numbers of the congregation are inereased, and the Chapel is therefore filled more closely. The average attendance at each of the Sunday services is 600 . I believe that many more would be permitted, and would gladly attend, but that the Chapel would be then inconveniently erowded. The general attention and good behaviour of the Patients are very marked, and never fail to draw forth a comment of approval from any strangers who may happen to be present.

The Serviees have been duly and regularly performed, i.e., at 11 and half-past 3 on Sundays, Christmas Day, and Good Friday, and on the week days at a quarter-past 8 a.m., and 5 p.m., except on Ascension Day, when, with your permission, instead of the usual short early morning serviee, we had a full service at 11, with a brief address on the subjeet of the Festival, which was very well attended and apparently appreciated.

The Saerament of Holy Communion has been administered on the first Sunday in every month, exeepting the month of September, when I was away. The Communicants, who

## 116

behave very well, are generally about 5 or 6 Male, and 20 or 25 Female Patients.

In the month of May I had the satisfaction of presenting to the Bishop of the Diocese for Confirmation by him, with your permission, a Female Patient, who has since been discharged as recovered.

The Funerals have been decently and solemnly performed to the satisfaction, frequently expressed, of the attendant relatives and friends.

The Sehool Class on the Fcmale side continues to be held by Miss Young, who does what can be done in the way of amusing and instructing a number of the junior Patients.

I have visited the Wards frequently, and I am happy to find my visits generally aceeptable to the Patients.

I have to thank you for not only giving me a holiday during the summer, but for also providing me with the means of securing. the performance of my duties during my absence.

In eonelusion, I eannot but think that you have reason to consider that, as far as the mental and moral condition of the Patients are concerned, the Asylum is becoming continually more efficient to the end for which it was designed, viz., to be a home and a refuge for the helpless, and for those who are without the power of self-eontrol, and to be a samatorium for those whose mental health, though broken, is not past recovery.

I think the occasional discharge of Patients cured, and the general improvement of most of those who still remain, alike attest this fact.

I have the honour to be, Gentlemen,<br>Your obedient, faithful Servant,

## WILLIAM BULLOCK,

Chaplain.

January, 1862.


[^0]:    * This letter, having been received only on the day of making this Report, is appended at the special request of the Commissioners in Lunacy ; but the Committee of Visitors are of course at present unable to make any observations on its contents in reply.

[^1]:    * Previously included in Stepney Union.

[^2]:    Total

